



COMMUNITY MENTAL HEALTH CLINICAL CARE AND COORDINATION REFERRAL FORM

ELIGIBILITY CRITERIA:

- The person is aged between 18 – 65 years old has been diagnosed with a mental illness according to the criteria defined in the World Health Organization Diagnostic and Management Guidelines for Mental Health Disorders in Primary Care: ICD 10 Chapter V Primary Care Version, or the Diagnostic and Statistical Manual of Mental Health Disorders - Fifth Edition (DSM-5)
- The person's mental health is significantly impacting their social, personal and work life
- The person is at risk of being admitted to hospital in the future if clinical care coordination is not provided, or they have already had at least one admission due to their mental health in the past 12 months
- The person is assessed as needing clinical care coordination for their ongoing treatment and management of their mental health for an extended episode of care
- The person is currently working with a GP or Psychiatrist on their clinical mental health care, or will be linked with a GP or Psychiatrist as part of the program
- The person has a Mental Health Care Plan, or have one developed as part of program

1. REFERRER (INDIVIDUAL COMPLETING THIS DOCUMENT)

Contact Name: _____

Position/Relationship: _____

Organisation (if applicable): _____

Postal Address: _____

Post Code: _____

Phone: _____

Mobile: _____

Fax: _____

Email: _____

2. CLIENT DETAILS

First Name: _____

Surname: _____

Date of Birth: _____

Gender: M F Other

Address: _____

Suburb: _____

Postcode: _____

State: _____

Home Phone:

Mobile:

Please provide as much information as possible as it ensures the best quality of care and outcomes for the individual. If the person is experiencing high levels of distress which may result in harm to themselves or others, please refer them directly to your local Emergency Department for immediate assistance as the Community Mental Health Clinical Care and Coordination Team is not a Crisis Service or equipped to manage these types of emergencies.

3. REASON FOR REFERRAL:

4. INFORMATION ABOUT THE CLIENT

(If Applicable) Risk to self or others (Include self-harm/ suicide attempts, violence, threats of violence)

| Date | Type of Behavior | Reason for Behavior | Outcome/ Treatment Provided |
|------|------------------|---------------------|-----------------------------|
| | | | |
| | | | |
| | | | |

(If Applicable) Other Agencies / health care providers currently involved within the individual's care: (e.g. Government, non Government, GP's, Psychiatrists, and Community Services)

| Name of Organisation | Contact Person | Address | Phone |
|----------------------|----------------|---------|-------|
| | | | |
| | | | |
| | | | |

5. PRESENTING ISSUES

- Anxiety
- Major depression
- Physical abuse
- Relationship issues
- Harm or threats to others
- Pain management issues
- Financial difficulty
- Loss of appetite
- Physical disability
- Sexual abuse
- Pending legal matters
- Difficulty sleeping
- Eating problems
- Drug abuse
- Crying
- Suicidal
- Depression
- Self harm
- History of hospitalisation
- Intellectually impairment

- Hallucinations and delusions
- PTSD / Trauma history
- Body image
- Emotional abuse
- Bullying others
- Domestic violence
- Psychotic disorder
- Presentation to ED or Hospital
- Past or present contact with Child Safety
- Other _____

6. DOES THE PERSON IDENTIFY AS:

- Aboriginal or Torres Strait Islander
- Culturally and Linguistically Diverse
- Perinatal

Do you have any final comments or relevant information?

7. CONSENT OF CLIENT REFERRED

I am aware that this referral is being made. I understand that I can withdraw from this referral or from the referred service at any time.

Please NOTE: Referrals will not be processed without signed consent.

I give permission for **Aftercare** to use my contact details above for future contact with me. Yes No

I give permission for the **staff** at Aftercare to obtain relevant information from government and non-government agencies, GP's and other health professionals specifically relevant to my care whilst being a client of their services. Yes No

I give permission for **Aftercare** to share de-identified data to the Department of Health for statistical purposes Yes No

Signed: _____ Print Name: _____ Date: _____

8. WHAT NEXT?

On receipt of a referral form **the client** will be contacted by the service provider to advise of outcome and then if applicable contact to the client to arrange an appointment.

Please forward completed referral form to The Mental Health Clinical Care and Coordination Intake Team:

Email: MHCCC@aftercare.com.au

Fax: 07 32492298

Alternatively, please contact the office on 07 32492200 for more information