

Brisbane South - Primary Mental Health Care

2022/23 - 2026/27

Activity Summary View



MH-H2H - 92 - MH-H2H 9.2 Head to Health Intake and Assessment Phone Service



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-H2H

Activity Number *

92

Activity Title *

MH-H2H 9.2 Head to Health Intake and Assessment Phone Service

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Aim of Activity *

To provide a welcoming and accessible entry point for people experiencing mental distress, mental ill health, and /or addiction, and their families and carers through service navigation to connect consumers to the right mental health service at the right time to meet their identified needs through their preferred platform. GPs, psychiatrists and other health professionals may also use the Head to Health phone service to find service options for their patients.

Description of Activity *

The Head to Health Phone/Digital Intake Service provides a central point for people to speak to someone about mental health issues and receive information and advice about mental health and AOD use. Consumers requiring more than information or assistance navigating available services will be provided with an assessment of their needs, to be undertaken using the Commonwealth's Initial Assessment and Referral (IAR) Decision Support Tool (DST) tool enabling the seamless connection of consumers to appropriate local services to meet their identified needs.

Partnership

As key system partners, Brisbane South PHN and Metro South Addiction and Mental Health Services (MSAMHS) are working collaboratively to deliver this service under our joint regional priority of Integrated Care Pathways.

MSAMHS operate a 24/7 centralised intake, assessment and referral function through MH Call, which is focused on providing access to specialist supports within MSAMHS and hospital settings. Our model collaborates in a joint approach, integrating MH Call and the Head to Health service to ensure seamless initial assessment and referral across the care continuum.

The service is delivered through a tripartite partnership between Brisbane South PHN, MSAMHS and the commissioned service provider. The partnership is enacted through governance structures and formalised through governance agreements. The service delivery partner is co-located with MH Call and utilises Metro South Health's telephony system, with access to their Client Management System. MH Call offers support to people contacting the service after hours.

Service Navigation

By working collaboratively with local mental health service providers to develop strong working relationships, a seamless service pathway will be provided to consumers. A holistic approach to care has been enacted, including linkages to services that address a broad range of social, physical and emotional needs, supported by best practice in evidence-based and evidence informed care. The service complements and does not duplicate existing services, including crisis phone lines and state-based acute care intake services. Consistent triage is promoted to enable transfer and referral to the most appropriate services including Head to Health adult mental health centres and satellites, as available, community-based mental health services, including those provided by the Hospital and Health Service, NGOs or private providers.

Place Based Approach

Flexibility for regional variation to address local population needs and to make optimal use of already available services will be provided. Services under this activity are delivered across four sub-regions: Brisbane, Logan, Beaudesert and Redlands, in line with the Mental Health Priority Area 4: Mental Health Services for severe and complex mental illness. This place-based approach to care provision ensures that priority populations gain access to evidenced based interventions aligned to their mental health needs. A program logic model will be maintained identifying appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

A place-based communications and engagement strategy will underpin our implementation and ongoing development.

Outcomes

In broad terms, the following outcomes for consumers and carers are expected:

- People requiring support will recognise Head to Health as an accessible entry point to the mental health care system for the services and information they need.
- People will be able to access, or be connected to, the particular mental health and related services they are assessed as needing.
- People will receive the most appropriate service for their individual needs; and
- Demand for services and waitlists are actively monitored at a national level with the aim to connect people to a level of care based on their assessed needs.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265



Activity Demographics

Target Population Cohort

People living within the Brisbane South PHN region who are experiencing emotional distress, mental ill health, and / or addiction, and their families and carers. In particular, those who may traditionally encounter barriers to accessing services, including economic disadvantage or those from priority populations including but not limited to Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTIQ+, and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Consultation occurred with the Hospital and Health Service, non-government service providers, and people with lived and living experience.

Collaboration

Lived and Living Experience Consumers – Planning, Co-design, Procurement and Service Delivery
Non-government organisations - Planning, Co-design, Implementation, Monitoring, and Evaluation.
Primary mental health care providers - Planning, Co-design, Implementation, Monitoring, and Evaluation.
Hospital and Health Service - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation.



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Yes

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

Co-design

The service model includes lived / living experience workforce to enable participants to receive a range of support options to sustain their optimal health and wellbeing. Development of an online resource identifying service options, will be developed through consultation with key stakeholders.

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Co-commissioning

The Head to Health Phone/Digital Intake Service is being delivered in collaboration with MSHAMHS with on-site co-location of the service provider with MH Call and use of Metro South Health's telephony system and Client Management System to enable seamless transitions for consumers to all available support and intervention pathways across the care continuum.



MH - 11 - MH 1.1 Low Intensity Mental Health Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

11

Activity Title *

MH 1.1 Low Intensity Mental Health Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Aim of Activity *

- To ensure accessible and equitable provision of services that are localised to communities through a place-based approach
- Reduce barriers to access by fostering an integrated approach, ensuring seamless transitions across the continuum of care
- These activities will have a particular focus on priority groups including Aboriginal and Torres Strait Islander peoples, culturally and linguistically diverse peoples, people identifying as LGBTIQ+, and people with disability.

Description of Activity *

The long-term objective of the service model is for people in the Brisbane south region to enjoy better mental health and social wellbeing. This will be achieved by:

- Addressing service gaps identified in the provision of low intensity services for people in under-served areas, making optimal use of the available service infrastructure and workforce including primary care system by utilising feedback from services users, service providers and evaluations of previous programs at the local level.
- Implementing and monitoring a low intensity service model that is appropriate for people who are at risk of or developing early signs of mental illness.
- Commission programs to holistically address the needs of the individual and link other available services to ensure seamless transitions through the continuum of care between low intensity and mild to moderate services.
- Service offerings will include lower intensity evidence based clinical supports, peer supports, therapeutic groups and exploration of available digital health resources and education to provide a step up and down option to individuals.
- Continue to improve referral pathways between the broader community and primary care system liaising closely with General Practices (GPs) and providing a central point of referral

- Service offerings will include a range of delivery modalities including outreach, face-to-face, telephone and online services based on community advice and local needs.

Outcomes:

- Collaborative planning meets the wellbeing needs of the local community
- Available resources and primary care system provide a wrap around and person centre approach
- People, with specific focus on hard to reach and priority populations, have appropriate access to the mental health system
- Services provided are appropriate to people's needs
- Service journey is seamless, coordinated and integrated.
- Service users have a positive experience of services and
- Improved mental health for service users.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265



Activity Demographics

Target Population Cohort

All people within the Brisbane South PHN region who are at risk of, or showing early symptoms of mental health issues.

- Specialised and peer base services will be tailored for the following priority populations:
- People identifying as Lesbian, Gay, Bisexual, Transgender, Intersex and Queer/Questioning (LGBTQIA+)
- Aboriginal and Torres Strait Islander peoples
- People from Culturally and Linguistically Diverse (CALD) backgrounds
- People with disability

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Procurement, Implementation, Monitoring, Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, Evaluation

Hospital and Health Service - Planning, Co-design, Procurement, Implementation, Monitoring, Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>.

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 21 - MH 2.1 headspace Primary Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

21

Activity Title *

MH 2.1 headspace Primary Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

- To enable place-based, cross sectoral approaches to services for children and young people living with, or at risk of developing a mild to moderate mental illness.
- To implement an equitable and integrated approach to primary mental health services for children and young people.

Description of Activity *

headspace Primary

- headspace Primary will provide an evidence-based intervention to 12-25 year olds with, or at risk of, mild to moderate mental illness. This collaborative, person centred model of care aims to improve young people's health outcomes and promote wellbeing across mental and physical health, work and study support, and alcohol and other drug services.

- Commissioned service providers will deliver headspace Primary services in line with the headspace Model Integrity Framework. The service will integrate the existing headspace Primary model of care and other local primary, secondary and tertiary mental health, suicide prevention and alcohol and other drug treatment services within the region.

Mild to Moderate primary mental health services

- The headspace Primary service model will be enhanced to allow more flexibility in delivery, based on the needs of the individual. These enhancements will include evidence-based lower and higher intensity interventions, and severe and complex clinical care coordination services, which will be described under activity MH2.3. This supports an integrated approach, ensuring seamless transitions across the continuum of care..
- All interventions will be delivered by an appropriately trained workforce with clinical supervision. Where appropriate the

workforce will include a peer and/or lived experience workforce.

- Populations identifying as LGBTIQ+, Aboriginal and Torres Strait Islander, CALD and those disengaged from systems (such as Education, Health or Justice) will be a priority focus.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTIQ+.	265



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region
- At risk of/or experiencing a mild to moderate mental health condition.
- Those from priority populations such as Aboriginal and Torres Strait Islander people, people from CALD backgrounds and the LGBTIQ+ community.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable.

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>.

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Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 22 - MH 2.2 headspace Youth Early Psychosis Program



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

22

Activity Title *

MH 2.2 headspace Youth Early Psychosis Program

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

- To enable place-based, cross sectoral approaches to services for children and young people living with, or at risk of developing early psychosis.
- To implement an equitable and integrated approach to primary mental health services for children and young people.

Description of Activity *

headspace Youth Early Psychosis Program

- Continue to deliver this service as per the hub and spoke model implemented with Gold Coast PHN and report through the Early Psychosis Youth MDS to the headspace National office.
- The program will continue to provide an evidence-based intervention to 12-25 year olds with, or at risk of, early psychosis with another service provider commissioned by the Gold Coast PHN. This collaborative, person centred model aims to improve young people's health outcomes and promote wellbeing with services provided by primary headspace services.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the catchment area defined by the cluster and headspace National Organisation between Gold Coast PHN Region and Brisbane South PHN Region.
- At risk of/or experiencing early psychosis.
- Those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTQIA+, and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Gold Coast PHN, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

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Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 23 - MH 2.3 headspace Enhanced Services Low Intensity



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

23

Activity Title *

MH 2.3 headspace Enhanced Services Low Intensity

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

- To enable place-based, cross sectoral approaches to services for children and young people living with, or at risk of developing early psychosis.
- To implement an equitable and integrated approach to primary mental health services for children and young people.

Description of Activity *

headspace Enhanced

• The headspace Primary model will be enhanced over time to enable flexible service delivery based on the young person's needs. Young people will be supported to access the level of service required and/or transition seamlessly across the continuum of care in response to their needs

Low intensity primary mental health services

- The headspace Primary service model will be enhanced to allow more flexibility in delivery, based on the needs of the individual. These enhancements will include evidence based lower intensity interventions. This will prevent unnecessary service escalation to headspace primary programs and offer an appropriate step down from more clinically based interventions.
- The addition of low intensity service enhancements will improve access to evidenced based interventions for young people with, or at risk of, mild mental illness who do not require the Better Access or Psychological Therapies programs.
- Based on the principles of early intervention, these low intensity services will support self-management and emphasise skill development. Highly focussed and short-term in delivery, these enhancements will provide a key platform within the stepped care

approach to better align with the young person's changing needs.

- Service delivery will include group and individual interventions across a variety of suitable modalities including outreach, face-to-face, telephone, digital health and online services.
- All interventions will be delivered by an appropriately trained workforce with clinical supervision. Where appropriate the workforce will include a peer and/or lived experience workforce.

Low intensity provision enhances service capacity and accessibility for people requiring higher intensity levels of care.

A program logic model will be maintained to manage appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region
- At risk of/or experiencing a mild mental health condition to those experiencing more severe mental health conditions
- Who may traditionally encounter barriers to accessing services including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander people, people from CALD backgrounds and the LGBTQIA+ community.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

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Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 24 - MH 2.4 headspace Enhanced Services Mild and Moderate



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

24

Activity Title *

MH 2.4 headspace Enhanced Services Mild and Moderate

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

Objectives:

- To enable place based, cross sectoral approaches to services for children and young people living with, or at risk of developing a mental illness across the spectrum of care from early intervention to services for those with severe and complex needs.
- To implement an equitable and integrated approach to primary mental health services for children and young people.

Description of Activity *

headspace Enhanced

- The headspace Primary model will be enhanced over time to enable flexible service delivery based on the young person's needs. Young people will be supported to access the level of service required and/or transition seamlessly across the continuum of care in response to their need.

Mild to Moderate primary mental health services

The headspace Primary service model will be enhanced to allow more flexibility in delivery, based on the needs of the individual. These enhancements will include Psychological Therapies.

- Based on the principles of early intervention, the Psychological Therapy program may help to prevent the escalation of mild to moderate mental health symptoms of young people. This will potentially reduce the service needs in the severe and complex system.
- Enhanced service delivery will include group and individual interventions across a variety of suitable modalities including outreach, face-to-face, telephone and online services.

- All interventions will be delivered by an appropriately trained workforce with clinical supervision.

A program logic model will be maintained to manage appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region [PHN 302]
- At risk of/or experiencing a mild mental health condition to those experiencing more severe mental health conditions
- Who may traditionally encounter barriers to accessing services including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTQIA+, and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22: <https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 25 - MH 2.5 headspace Enhanced Services Severe and Complex



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

25

Activity Title *

MH 2.5 headspace Enhanced Services Severe and Complex

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

- To enable place based, cross sectoral approaches to services for children and young people living with, or at risk of developing a mental illness across the spectrum of care from early intervention to services for those with severe and complex needs.
- To implement an equitable and integrated approach to primary mental health services for children and young people.

Description of Activity *

headspace Enhanced

- The headspace Primary model will be enhanced over time to enable flexible service delivery based on the young person's needs. Young people will be supported to access the level of service required and/or transition seamlessly across the continuum of care in response to their need.

Severe and complex primary mental health services

- The headspace Primary service model will be enhanced to include severe and complex mental health service support as required, for those who are ineligible for more acute services or who are transitioning from the tertiary system, to help reduce instances of hospitalisation/readmission.
- A flexible and responsive service will be provided that enables a young person to step up and step down to the most appropriate care using a recovery-oriented approach designed to address their needs.
- Service elements will improve access, engagement, clinical care and coordination and availability of high quality, evidence based, age-appropriate, group and individual services to children and young people aged between 12 – 25 years (inclusive) with complex need.

- A wrap around service will be provided by a multi-disciplinary workforce such as Psychiatrist (consultant/ registrar), GPs, clinical and non-clinical Mental Health professionals.
- All interventions will be delivered by an appropriately trained workforce with clinical supervision. Where appropriate the workforce will include a peer and/or lived experience workforce.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region
- At risk of/or experiencing severe mental health conditions
- Who may traditionally encounter barriers to accessing services, including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTQIA+, and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

05/08/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22: <https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

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Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 28 - MH 2.8 Enhanced CPSP Mental Health Clinical Care Coordination



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

28

Activity Title *

MH 2.8 Enhanced CPSP Mental Health Clinical Care Coordination

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

To commission primary mental health care services for children and young people with severe mental illness being managed in primary care (including clinical care coordination for people with severe and complex mental illness).

Description of Activity *

Where a young person's mental health is significantly impacting on their social and personal life, severe and complex primary mental health services will continue to provide clinical care and coordination. The service will be expected to establish a therapeutic relationship with the young person and support the person to step up and step down to the most appropriate service for their needs.

These services will be delivered across four sub-regions: Brisbane, Logan, Beaudesert and Redlands. This place-based approach to care provision will ensure that priority populations gain access to evidence based interventions aligned to people's mental health needs. This activity will be delivered in parallel with the Commonwealth Psychosocial Support Program.

It will comprise:

- Clinical care and coordination (Primary Mental Health Care Schedule) – including intake, triage and assessment for appropriate treatment, coordinating services in collaboration with GPs, psychiatrists and allied health professionals, contributing to the care planning and management of the young person, supporting the person to step up and step down to access the most appropriate service for their need.
- Integrate service with available psychosocial support services to provide an holistic approach.

- All interventions will be delivered by an appropriately trained and diverse workforce with clinical supervision. This would include a mixture of appropriately trained and qualified mental health professionals and lived experience workforce where appropriate.

A program logic model will be maintained to manage appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265



Activity Demographics

Target Population Cohort

Young people aged between 7 and 25 years:

- Living within the Brisbane South PHN region.
- At risk of/or experiencing a severe mental health condition.
- Who may traditionally encounter barriers to accessing services, including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTQIA+, and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

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[content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf](https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf)

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 31 - MH 3.1 Mild to Moderate Mental Health Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

31

Activity Title *

MH 3.1 Mild to Moderate Mental Health Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Aim of Activity *

- To ensure accessible and equitable provision of services that are localised to communities through a place-based approach
- Reduce barriers to service access by fostering an integrated approach, ensuring seamless transitions across the continuum of care.
- Improve equity of access by focusing on priority groups such as Aboriginal and Torres Strait Islander peoples, culturally and linguistically diverse peoples and lesbian, gay, bisexual, transgender, inter-sex and queer or questioning people.
- To improve the mental wellbeing of people living in residential aged care by establishing an appropriate in-reach service model.

Description of Activity *

The long term objective of the service model is for people in the Brisbane south region to enjoy better mental health and social wellbeing. This will be achieved by:

Mild to moderate mental health services

- Addressing service gaps in the provision of psychological therapies for people in under-serviced areas, making optimal use of the available service infrastructure and workforce including primary care system.
- Commissioning programs to holistically address the needs of the individuals and linking other available services to ensure seamless transitions through the continuum of care between low intensity (refer to 1.1) and mild to moderate.
- Service offerings will include higher and lower intensity clinical supports, and therapeutic groups to provide step up and down options to individuals.
- Continue to improve referral pathways between the broader community, hospital and health services and primary care system liaising closely with General Practices (GPs)) and providing a central point of referral.

- Service offerings will include a range of delivery modalities including outreach, face-to-face, telephone and online services based on community advice and local needs.

Residential Age Care Facilities Services

- An in-reach program to identified facilities in provision of evidence based individual and group clinical interventions that are suitable for the cohort.

Commission a suitable service model that is appropriate for people who are residing in Residential Aged Care Facilities.

- Service offerings include evidence based higher and lower intensity clinical supports, and therapeutic groups to provide a step up and down option to individuals.
- Delivery modalities include face-to-face, services both in individual and group in the RACF setting and embeds enabling supports for older people to attend therapy
- Workforce development activities for GP,s allied health professionals, close supporters and facility staff to increase awareness of early signs of mental illness to support access, reduce stigma surrounding mental illness for residents, family, carers and professional staff.

Outcomes:

- Collaborative planning meets the wellbeing needs of the local community
- Available resources and primary care system provide a wrap around and person centre approach
- People, with specific focus on hard to reach and priority populations, have appropriate access to the mental health system
- Services provided are appropriate to people's needs
- Service journey is seamless, coordinated and integrated.
- Service users have a positive experience of services
- Improved mental health for service users.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265



Activity Demographics

Target Population Cohort

All people within the Brisbane South PHN region who are at risk of, or are experiencing mild mental health issues.

For Residential Aged Care Facilities only:

- Residents with a diagnosed mild to moderate mental illness or who are assessed as at risk of mental illness if they do not receive services
- Residents diagnosed with severe mental illness and not more appropriately supported by State Government Older Persons Mental Health Services

For psychological therapies only:

- People who are financially disadvantaged, and identify with one of the below contributing factors:
 - living in rural and remote communities
 - under the age of 12 years, who have or are at risk of developing a mild to moderate mental illness, childhood behavioural or emotional disorders
 - experiencing, or at risk of, homelessness
 - experiencing perinatal depression/anxiety
 - at risk of suicide or self-harm
 - experiencing domestic and family violence
- People who identify as LGBTIQ+
- Aboriginal and Torres Strait Islander peoples
- People from a Culturally and Linguistically Diverse (CALD) background
- People with disability

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

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Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 32 - MH 3.2 Residential Aged Care Mild to Moderate Mental Health Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

32

Activity Title *

MH 3.2 Residential Aged Care Mild to Moderate Mental Health Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Aim of Activity *

- To improve the mental wellbeing of people living in residential aged care by establishing an appropriate in-reach service model.
- To reduce barriers to service access by fostering an integrated approach, ensuring seamless transitions across the continuum of care.

Description of Activity *

The long-term objective of the service model is for residents of Residential Aged Care Facilities people within the Brisbane south region to enjoy better mental health and social wellbeing. This will be achieved through an in-reach program to identified facilities offering evidence-based individual and group clinical interventions that are suitable for the cohort.

Brisbane South PHN will commission a suitable service model that is appropriate for people living in Residential Aged Care Facilities. This will include the following elements:

- Evidence-based higher and lower intensity clinical supports, and therapeutic groups to provide a step up and down option to individuals.
- Delivery modalities including face-to-face services for both individuals and groups in the RACF setting and enabling supports for older people to attend therapy
- Workforce development activities for GPs, allied health professionals, close supporters and facility staff to increase awareness of early signs of mental illness to improve access and reduce stigma surrounding mental illness for residents, family, carers and professional staff.

Outcomes:

- Collaborative planning meets the wellbeing needs of residents in Residential Aged Care Facilities
- Available resources and primary care system provide a wrap around and person-centred approach
- Residents have appropriate access to the mental health system, with specific focus on hard to reach and priority populations
- Services provided are appropriate to people's needs
- Service journey is seamless, coordinated and integrated
- Service users have a positive experience of services
- Improved mental health for service users.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Maintaining the health and wellbeing of older people to protect against poor health outcomes and improve quality of life.	177
Developing and supporting a skilled and capable workforce as an important enabler of the aged and health care service systems.	177
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265



Activity Demographics

Target Population Cohort

- Residents with a diagnosed mild to moderate mental illness or who are assessed as at risk of mental illness if they do not receive services
- Residents diagnosed with severe mental illness and not more appropriately supported by State Government Older Persons Mental Health Services

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

29/06/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

N/A

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

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[content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf](https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf)

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 41 - MH 4.1 Severe and Complex Mental Health Care Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

41

Activity Title *

MH 4.1 Severe and Complex Mental Health Care Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

Aim of Activity *

To commission primary mental health care services for people with severe mental illness being managed in primary care (including clinical care coordination for people with severe and complex mental illness).

This activity will be conducted in parallel with the Commonwealth Psychosocial Support Program where possible.

Description of Activity *

Where a person's mental health is significantly impacting on their social, personal and work life, severe and complex primary mental health services will continue to provide clinical care and coordination. The service will be expected to establish a therapeutic relationship with the person and support the person to step up and step down to the most appropriate service for their needs.

These services will be delivered across four sub-regions: Brisbane, Logan, Beaudesert and Redlands. This place-based approach to care provision will ensure that priority populations gain access to evidence based interventions aligned to people's mental health needs.

It will comprise:

- Clinical care and coordination (Primary Mental Health Care Schedule) – including triage and assessment for appropriate treatment, coordinating services in collaboration with GPs, psychiatrists and allied health professionals, contributing to the care planning and management of the person, supporting the person to step up and step down to access the most appropriate service for their need.

- Integrate service with available psychosocial support services to provide a holistic approach.
- All interventions will be delivered by an appropriately trained and diverse workforce with clinical supervision. This would include a mixture of appropriately trained and qualified mental health professionals and lived experience workforce where appropriate.

A program logic model will be maintained to manage appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265



Activity Demographics

Target Population Cohort

Adults residing in the Brisbane South PHN region whose mental health condition is significantly impacting their social, personal and work life who may be at risk of hospitalisation in the future if appropriate care is not provided or have been to hospital at least once in relation to their mental health.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22: <https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

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Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 51 - MH 5.1 Suicide Prevention Activities



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

51

Activity Title *

MH 5.1 Suicide Prevention Activities

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Aim of Activity *

To implement a place based approach to suicide prevention through community-based activities and partnership with local Hospital and Health Services (HHS) and other providers.

To ensure appropriate follow-up and support arrangements, provided by an appropriate workforce, are in place for individuals after a suicide attempt and for people at high risk of suicide.

Description of Activity *

- Commission clinical and non-clinical services including individual and group programs specific to particular priority populations and settings.
- Service integration within the region, including the Hospital and Health Service to support follow-up care to individuals who have self-harmed or attempted suicide
- Building capacity of primary care service workforce and the community to support people at risk of suicide.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTIQIA+.	265
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265



Activity Demographics

Target Population Cohort

People within the Brisbane South PHN region who are experiencing, or at increased risk of, suicide.

Brisbane South PHN have a particular focus on priority populations:

- CALD communities within the Brisbane South PHN region
- Aboriginal and Torres Strait Islander peoples
- People who identify as LGBTIQIA+
- Young people (15-18 years)

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers. including the Suicide Prevention Lived Experience Taskforce.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?**Co-design or co-commissioning comments**

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: [https://bsphn.org.au/wp-](https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf)

[content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf](https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf)

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 52 - MH 5.2 Indigenous Suicide Prevention Activities



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

52

Activity Title *

MH 5.2 Indigenous Suicide Prevention Activities

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Aim of Activity *

Enhance and better integrate Aboriginal and Torres Strait Islander suicide prevention services at a local level facilitating a joined-up approach with other closely connected services including social and emotional wellbeing, suicide prevention and alcohol and other drug (AOD) services.

Description of Activity *

Activities targeting Aboriginal and Torres Strait Islander people listed within this schedule (across priorities 5 and 6; and within the AOD Schedule) will be addressed through the same engagement, planning and co-design process given the need for a holistic life course approach to addressing the needs of Aboriginal and Torres Strait Islander people.

Brisbane South PHN acknowledges that funds are allocated for specific use.

Objectives of Suicide Prevention for youth:

- This program will be based upon previous community-led, place-based, evidenced based programming.
- Delivery of Aboriginal and Torres Strait Islander youth mental health, AOD, suicide prevention, and social and emotional wellbeing services.

Outcomes:

- Improved outcomes for people receiving PHN-commissioned Aboriginal and Torres Strait Islander mental health services.
- High levels of stakeholder satisfaction.
- Positive consumer experience and satisfaction.
- Improved system level value for money.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Working to address the social and emotional wellbeing challenges that First Nations peoples disproportionately experience.	215
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265



Activity Demographics

Target Population Cohort

Aboriginal and Torres Strait Islander people experiencing, or at increased risk of, suicide living in the Brisbane South PHN region.

Indigenous Specific *

Yes

Indigenous Specific Comments

This service is a community-led social emotional and wellbeing program

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Consultation with elders and the Aboriginal and Torres Strait Islander community controlled sector based on local needs.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

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[content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf](https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf)

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 54 - MH 5.4 Targeted Regional Initiatives for Suicide Prevention



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

54

Activity Title *

MH 5.4 Targeted Regional Initiatives for Suicide Prevention

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Aim of Activity *

To adopt a community-led and systems-based approach to suicide prevention targeting populations identified at risk of suicide or suicidal distress in partnership with local Hospital and Health Services (HHS) and other providers.

To ensure appropriate follow-up and support arrangements, provided by an appropriate workforce, are in place for individuals after a suicide attempt and for people at high risk of suicide.

Description of Activity *

- Commission clinical and non-clinical services including individual and group programs specific to particular priority populations and settings.
- Service integration within the region, including the HHS, about the need to support follow-up care to individuals who have self-harmed or attempted suicide
- Build the capacity of primary care service workforce and the community to support people at risk of suicide.

The Suicide Prevention Regional Response Coordinator (Senior Program Development Coordinator – Suicide Prevention) will lead the following activities for the region:

- Lead the development of an overarching regional suicide prevention plan – guiding the approach of community engagement, governance and commissioning for prevention and early intervention activities
- Undertake data analysis and research to identify priority groups and communities with the highest need for suicide prevention supports and services

- Support the implementation and co-design of the measures under the National Mental Health and Suicide Prevention Agreement, specifically the rollout of universal aftercare.

A program logic model will be maintained to manage appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework which will be used to develop a regional action plan.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTIQIA+.	265
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265



Activity Demographics

Target Population Cohort

People within the Brisbane South PHN region who are experiencing, or at increased risk of, suicide.

Brisbane South PHN will have a particular focus on the following priority populations:

- CALD communities within the Brisbane South PHN region
- Aboriginal and Torres Strait Islander peoples including those with a youth focus
- People who identify as LGBTIQIA+
- Adult males (30-49 years)
- Young people (15-18 years)

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers, including the Suicide Prevention Lived Experience Taskforce.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: Yes

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable.

Co-design or co-commissioning comments

In 2023-24 co-design and consultation is occurring within the Refugee and Migrant communities within Brisbane South PHN catchment to upskill community leaders with suicide prevention training to meet community needs.

Continued co-design will also occur at a community level; with a place-based approach for commissioning to be completed at a sub-regional level.

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

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[content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf](https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf)

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 61 - MH 6.1 Indigenous Mental Health Activities



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

61

Activity Title *

MH 6.1 Indigenous Mental Health Activities

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 6: Aboriginal and Torres Strait Islander mental health services

Aim of Activity *

Enhance access to, and better integration, of Aboriginal and Torres Strait Islander mental health services at a local level facilitating a joined-up approach with other closely connected services including mental health, suicide prevention and alcohol and other drug (AOD) services.

Description of Activity *

Activities targeting Aboriginal and Torres Strait Islander people listed within this schedule (across priorities 5 and 6; and within the AOD Schedule) will be addressed through the same engagement, planning and co-design process given the need for a holistic life course approach to addressing the needs of Aboriginal and Torres Strait Islander people.

Brisbane South PHN acknowledges that funds are allocated for specific use.

Objectives:

- Enhanced access to and integration of closely connected place-based services including mental health, suicide prevention and alcohol and other drug services for Aboriginal and Torres Strait Islander people.
- Brisbane South PHN will establish and maintain partnerships across the local region to support integration and coordination.
- Service mapping, data analysis and consultation will inform commissioned services.
- A variety of services commissioned to meet the mental health, suicide prevention and AOD needs of the community.
- First Nations Mental Health, Suicide Prevention and alcohol and other drugs commissioned services will encompass:
 - A holistic life-course approach addressing social and emotional wellbeing and the inter-relationship with physical health
 - Aboriginal and Torres Strait Islander led, family focused, culturally responsive, context specific
 - Address any emerging/niche issues

- Assessment and screening
- Care planning and coordination
- Enhance access to specialist services
- Healing hubs (therapeutic)
- Rollout of existing/evidence-based models using a place-based approach
- Service delivery
- Workforce development

Outcomes:

- Improved clinical and other outcomes for people receiving PHN-commissioned Aboriginal and Torres Strait Islander mental health services.
- High levels of stakeholder satisfaction.
- Positive consumer experience and satisfaction.
- Improved system level value for money.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Working to address the social and emotional wellbeing challenges that First Nations peoples disproportionately experience.	215
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265



Activity Demographics

Target Population Cohort

Aboriginal and Torres Strait Islander peoples

Indigenous Specific *

Yes

Indigenous Specific Comments

Services will be commissioned directly through local Aboriginal Community Controlled Health Organisation in partnership, to support self-determination, choice and control.

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Consultation with elders, community members and the Aboriginal and Torres Strait Islander community controlled health sector based on local needs.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2024



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22: <https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 71 - MH 7.1 Stepped Care - Foundations



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

71

Activity Title *

MH 7.1 Stepped Care - Foundations

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Aim of Activity *

To implement and monitor commissioned mental health and suicide prevention services using a stepped care approach while ensuring continuity of care for consumers accessing services.

Description of Activity ***Governance**

- Ongoing monitoring of clinical governance mechanisms of commissioned services to ensure:
 - high quality service delivery supported by quality assurance processes
 - a workforce practicing within scope and competencies
 - risk assessment and management procedures
 - consumer feedback procedures
 - oversight of transitional pathways to support consumers as their circumstances change.

Service planning, integration and quality assurance

- Establish and maintain partnerships and foster integrative approach with regional stakeholders including HHS, NGOs, NDIS providers, AOD providers, Aboriginal and Torres Strait Islander Services.
- Implement data collection and reporting systems to inform service planning and facilitate ongoing monitoring and evaluations.
- Investigate, develop and implement systems to support consumer information sharing between service providers.
- Implement recommendations from the co-design process to ensure services are aligned across a stepped care model with a person centred approach.

- Promote a stepped care approach across the primary care system and commission services to broaden access of appropriate services for the community.
- Build sector and community capacity to increase service quality and effectiveness.

Implementation of Mental Health, Suicide Prevention and Alcohol and Other Drugs Strategy

- Implement the Brisbane South PHN Regional Mental Health, Suicide Prevention and Alcohol and Other Drugs Strategy in conjunction with key industry partners.

Increase consumer and stakeholder collaboration through partnership and place based community led approaches

- Ongoing review and evaluation of services to ensure gaps are being addressed without duplication.
- Engage with primary care system on a local level to enhance health service accessibility for people living with mental illness and their close supporters including improving and simplifying referral pathways.
- Findings to be assessed against the continuum of stepped care, within context of broader services and against the six key areas of activity specific in the Federal mental health reform packages.

Transition requirements and commission services

- Implement processes to minimise the impact on consumers during the transition of funding and services. PHN will give priority to ensuring continuity of care for consumers accessing services.
- Capacity building activities will be provided to services to enhance knowledge of system and population needs in the Brisbane South PHN region.

Outcomes:

- Improved clinical outcomes for people receiving PHN-commissioned mental health services.
- Improved consumer experience of service.
- Increased workforce satisfaction and capability.
- Improved system level value for money.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265



Activity Demographics

Target Population Cohort

Brisbane South PHN residents.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

31/05/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 72 - MH 7.2 Initial Assessment and Referral



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

72

Activity Title *

MH 7.2 Initial Assessment and Referral

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Aim of Activity *

The purpose of this activity is to support General Practitioners (GPs) and clinicians in the primary care setting, using the stepped care model to select the least intensive level of care, for a person presenting for mental health assistance by using the Initial Assessment and Referral (IAR) tool.

Description of Activity *

An IAR Training and Support Officer has been engaged to support General Practitioners (GPs) and clinicians in the Brisbane South PHN region to learn about, use and embed the IAR in clinical practice and workflow. The Training and Support Officer completed the required Train the Trainer course and has developed a localised implementation plan. The plan will be delivered with support from internal and external stakeholders with a focus on embedding the IAR process into existing support pathways.

Specifically the plan encompasses:

- Communication and promotion to GPs and other health professionals through a variety of existing Brisbane South PHN channels, publications. Key partners have been identified and are actively starting to raise awareness of the availability of IAR training.
- Delivery of training to GPs and other health professionals through online and face-to-face modes.
- Delivery of training to Metro South Health practitioners will occur following consultation with mental health teams to identify the most appropriate contact people to promote training further.
- The development of remuneration processes and RACGP Continuing Professional Development (CPD) points for GPs who have completed training.
- Project Management documentation and mechanisms to monitor the rollout of training, including progress towards achieving the target number of GPs.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265



Activity Demographics

Target Population Cohort

General Practitioners and other clinicians in Adult Mental Health Centres, General Practices, Aboriginal Medical Services and commissioned providers in the Brisbane south region.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

The Training and Support Officer consulted with the Clinical Council and local GPs to develop a plan for disseminating and implementing the National IAR Guidelines locally.

Collaboration

The Training and Support Officer collaborates with the Brisbane South PHN Mental Health and Primary Health teams and GP Clinical leads, commissioned providers, Lived Experience Advisory Group and Suicide Prevention Taskforce to plan and implement training to the identified target groups.



Activity Milestone Details/Duration

Activity Start Date

30/06/2021

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 73 - MH 7.3 Supporting Recovery - Local Care Teams



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

73

Activity Title *

MH 7.3 Supporting Recovery - Local Care Teams

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

Family, Domestic and Sexual Violence

Aim of Activity *

The Supporting Recovery Pilot is designed to improve coordination and access to Family Domestic and Sexual Violence (FDSV) trauma informed recovery services for victim-survivors who have experienced FDSV and ensure supports are delivered appropriately, effectively and consistently. The Pilot Program is designed to reduce touchpoints and ensure victim-survivors have access to integrated and coordinated services to ensure safety and ability to engage in FDSV trauma informed mental health therapies to enable a sustainable recovery.

Specifically this activity aims to improve integration and wrap around supports to victim-survivors.

Description of Activity *

Evidence suggests adults and children who experience family, domestic and sexual violence and childhood sexual abuse, often experience significant mental health conditions as a result, including anxiety, depression, post-traumatic stress disorder (PTSD) and complex PTSD. These can last for many years with recovery requiring an extensive range of supports, including a focus on mental health supports.

The Local Care Teams component of the Supporting Recovery Pilot will be embedded within existing services to improve integration and wrap around supports to victim-survivors. The service will offer culturally sensitive, trauma-informed and person-centred services by assessing need, and then coordinating access to the most appropriate local services, including specific services

for children and young people. The Local Care Team will be involved in intake and referral. Referral pathways into the Local Care Team will include Health to Health Assessment and Referral Phone Service, walk-ins, Recognise, Respond, Refer (RRR) program, 1800 RESPECT phone line, as well as family court and other FDSV programs. Initial assessment will be undertaken to determine the mental health and other support needs of the victim-survivor. Professionals involved in this stage will be FDSV trained, trauma-informed and culturally safe to ensure the process is not traumatising for the victim-survivor. The outcome of this stage will be an integrated recovery plan including up to two-years of mental health support.

The Local Care Team will also provide care coordination and case management, facilitating warm-referrals to mental health services or other services as required e.g. legal, financial, housing. The Local Care Team will remain with the victim-survivor as a single point of contact during this journey.

This activity will be delivered in accordance with the Supporting Recovery Model of Care (March 2023) and supports MH 7.4 – Supporting Recovery – Mental Health Services.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Maintaining the health and wellbeing of children, youth and families to enhance positive health outcomes and improve quality of life.	152
PH priority groups – First Nations peoples; peoples from multicultural backgrounds; people identifying as LGBTQIA+, experiencing homelessness or transitioning from corrections facilities to community.	106
A focus on the social determinants of health associated with health behaviours and health outcomes.	105



Activity Demographics

Target Population Cohort

People who have experienced family, domestic or sexual violence and childhood sexual abuse within the Brisbane South catchment area.

Eligibility will be broad and include those who are not Australian citizens (including permanent residents and those on temporary visas in Australia) and those engaged with the judicial system.

Indigenous Specific *

Yes

Indigenous Specific Comments

A component of the activity will be specifically designed to address needs of Aboriginal and Torres Strait Islander people. Service providers will be required to commit to providing culturally informed and safe practices that align with the National Agreement on Closing the Gap. Services must adhere to the principles of the Gayaa Dhuwi (Proud Spirit) Declaration and the National Agreement on Closing the Gap in the development and delivery of services to ensure culturally safe services for First Nations people are included as part of the broader Program.

Coverage**Whole Region**

Yes

**Activity Consultation and Collaboration****Consultation**

Brisbane South PHN have consulted:

- Domestic and family violence, sexual violence and child sexual abuse recovery care sectors, including peak bodies
- Mental Health, Suicide Prevention and Alcohol and Other Drugs sectors
- Primary health care and tertiary health care sectors
- Child and Family Support Sector including child protection
- State and Federal Government departments
- People with lived experience of DFV, sexual violence and/or child sexual abuse

Collaboration

Collaboration has included an information session about the pilot, a full day co-planning workshop, follow up online feedback sessions along with the opportunity to provide further written feedback.

**Activity Milestone Details/Duration****Activity Start Date**

30/06/2023

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

It has been identified through co-design that there are gaps in Family, Domestic and Sexual Violence and Childhood Sexual Abuse services in the Brisbane south region particularly in respect to:

- Family therapies
- Services for children impacted by FDSV
- Access to therapies for complex mental health needs from service providers adequately training in FDSV and trauma-informed care

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 74 - MH 7.4 Supporting Recovery - Mental Health Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

74

Activity Title *

MH 7.4 Supporting Recovery - Mental Health Services

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

Family, Domestic and Sexual Violence

Aim of Activity *

The Supporting Recovery Pilot is designed to improve coordination and access to Family Domestic and Sexual Violence (FDSV) trauma informed recovery services for victim-survivors who have experienced FDSV and ensure supports are delivered appropriately, effectively and consistently. The Pilot is designed to reduce touchpoints and ensure victim-survivors have access to integrated and coordinated services to ensure safety and ability to engage in FDSV trauma informed mental health therapies to enable a sustainable recovery.

Specifically this activity aims to provide free and long-term access to FDSV-specific, trauma-informed mental health services.

Description of Activity *

Evidence suggests adults and children who experience family, domestic and sexual violence and childhood sexual abuse, often experience significant mental health conditions as a result, including anxiety, depression, post-traumatic stress disorder (PTSD) and complex PTSD. These can last for many years with recovery requiring an extensive range of supports, including a focus on mental health supports.

The Strengthening Recovery from Family, Domestic and Sexual Violence pilot recognises that victim-survivors often need life-long support to recover and heal from trauma. The Local Care Team will provide warm referrals to FDSV-specific, trauma-informed mental health services. The new services will be commissioned to provide up to two years of subsidised, ongoing support to

victim-survivors. A range of holistic psychological therapies may be offered, including culturally informed and traditional healing where appropriate.

This activity will be delivered in accordance with the Supporting Recovery Model of Care (March 2023) and supports MH 7.3 – Supporting Recovery – Local Care Teams.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Maintaining the health and wellbeing of children, youth and families to enhance positive health outcomes and improve quality of life.	152
PH priority groups – First Nations peoples; peoples from multicultural backgrounds; people identifying as LGBTQIA+, experiencing homelessness or transitioning from corrections facilities to community.	106
A focus on the social determinants of health associated with health behaviours and health outcomes.	105



Activity Demographics

Target Population Cohort

People who have experienced family, domestic or sexual violence and childhood sexual abuse within the Brisbane South catchment area.

Eligibility will be broad and include those who are not Australian citizens (including permanent residents and those on temporary visas in Australia) and those engaged with the judicial system.

Indigenous Specific *

Yes

Indigenous Specific Comments

A component of the activity will be specifically designed to address needs of Aboriginal and Torres Strait Islander people. Service providers will be required to commit to providing culturally informed and safe practices that align with the National Agreement on Closing the Gap.

Services must adhere to the principles of the Gayaa Dhuwi (Proud Spirit) Declaration and the National Agreement on Closing the Gap in the development and delivery of services to ensure culturally safe services for First Nations people are included as part of the broader Program.

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN have consulted:

- Domestic and family violence, sexual violence and child sexual abuse recovery care sectors, including peak bodies
- Mental Health, Suicide Prevention and Alcohol and Other Drugs sectors
- Primary health care and tertiary health care sectors
- Child and Family Support Sector including child protection
- State and Federal Government departments
- People with lived experience of DFV, sexual violence and/or child sexual abuse

Collaboration

Collaboration has included an information session about the pilot, a full day co-planning workshop, follow up online feedback sessions along with the opportunity to provide further written feedback.



Activity Milestone Details/Duration

Activity Start Date

30/06/2023

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

It has been identified through co-design that there are gaps in Family, Domestic and Sexual Violence and Childhood Sexual Abuse services in the Brisbane south region particularly in respect to:

- Family therapies
- Services for children impacted by FDSV
- Access to therapies for complex mental health needs from service providers adequately training in FDSV and trauma-informed care

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 81 - MH 8.1 Integrated Regional Mental Health and Suicide Prevention Plan



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

81

Activity Title *

MH 8.1 Integrated Regional Mental Health and Suicide Prevention Plan

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 8: Regional mental health and suicide prevention plan

Aim of Activity *

To implement the Joint Regional Mental Health-Suicide Prevention Plan in conjunction with Metro South Health (MSH) and Children's Health Queensland (CHQ) to plan activities and enhance the regional response to better meet the needs of people experiencing, or at increased risk of, mental illness and suicide in the PHN region.

Description of Activity *

Objectives:

- In collaboration with key stakeholders within the region, implement the regional Mental Health, Suicide Prevention, Alcohol and Other Drugs Strategy and Working Together Differently Joint Foundation Plan to guide and inform the further development of regional strategies and activities. This will draw from and enhance (where necessary) the needs assessment, service mapping and literature review.
- Further establish and maintain mechanisms for engagement, consultation and shared planning across the health and social services sector; as well as people with lived experience.
- Focus on primary healthcare and the interface and connectivity with services provided by state government, National Disability Insurance Scheme (NDIS), Non-Government Organisations (NGOs), Indigenous organisations and services specialised in priority populations.
- Ensure identified planning activities capture the clinical and non-clinical workforce and market needs across Brisbane South PHN;

and identify how the local service system will provide a coordinated and integrated response.

- Services are evidence based and consistent with a best practice stepped care approach, which incorporate a joined-up assessment process and referral pathways.
- Capacity building activities will be provided to services to enhance knowledge of system and population needs in the Brisbane South PHN region.

A program logic model will be maintained to manage appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265



Activity Demographics

Target Population Cohort

Brisbane South PHN residents.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

The joint regional plan will be progressed as a partnership between Brisbane South PHN and Metro South Health Addictions and Mental Health Services (AMHS). This will build on the significant work already completed on the Brisbane South MHSPAOD Strategy 2019-2022 which was developed based on the 2018 Needs Assessment and broad consultation with service providers and people with lived experience and their families / carers.

Please see the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 93 - MH 9.3 Mental Health Care Flood Support



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

93

Activity Title *

MH 9.3 Mental Health Care Flood Support

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Aim of Activity *

To provide accessible psychological therapies and other appropriate supports to the range of people impacted by the recent floods in the Brisbane South PHN region. This will specifically involve (1) commissioning local mental health services to meet immediate psychological needs of communities (2) supporting communities in their recovery through well-being and resilience grants (3) supporting young people 12-25 through headspace.

Description of Activity *

Services will support individuals, families, and communities impacted by the disaster and to support recover and build resilience across the flood affected communities.

(1) commissioning local mental health services to meet immediate psychological needs of communities.

Mental health supports will be accessible within community across flood affected areas, to support access to psychological therapies in recognition of the long-term implication on mental health and wellbeing for the community.

Mild to moderate mental health services

-Address service gaps in the provision of psychological therapies for underservices areas specifically those affected by the floods, making optimal use of the available service infrastructure and workforce including primary care system.

-Service offerings will include higher and lower intensity clinical supports, and therapeutic groups to provide a range of opportunities to engage within the community.

-Service offerings will include a range of delivery modalities including outreach, face to face, telephone and online based on community advice and local needs.

-Access to mental health supports for priority populations will be a priority for the response ensuring that those with additional barriers have the opportunity to access supports.

(2) supporting communities in their recovery through well-being and resilience grants.

Community wellbeing and resilience grants will be accessible to organisations in the Brisbane south region to increase the delivery of non-clinical supports. An understanding of community needs, including ongoing impacts on recovery and resilience building, has been gained by working closely with those organisations supporting communities at a grass-roots level.

(3) supporting young people 12-25 through headspace

Additional resource will focus on enhancing the existing flexible delivery model to enable mental health supports to be offered in response to the needs of young people in the community as it presents from each local perspective. Enhanced service delivery will include brief interventions, group work and individual intervention across a variety of suitable modalities within headspace centres to specifically target those impacted by the floods.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252
A local mental health service system that is not able to meet people's mental health needs.	251



Activity Demographics

Target Population Cohort

People living within the Brisbane South PHN region who

-are at risk of/or experiencing a severe mental health condition.

-may traditionally encounter barriers to accessing services, including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTIQ+, and people with disability.

-have been impacted by flood, experiencing situational distress as a result of the floods, or people experiencing distress as a result of recent or past trauma.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2024



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH-AMHCT - 94 - MH-AMHCT 9.4 Head to Health Adult Mental Health Centres and Satellites



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-AMHCT

Activity Number *

94

Activity Title *

MH-AMHCT 9.4 Head to Health Adult Mental Health Centres and Satellites

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Aim of Activity *

The Head to Health Adult Mental Health Satellite sites aim to provide a welcoming, low stigma, soft entry point to engagement, assessment and treatment for people who may be experiencing distress or crisis, including people with conditions too complex for many current primary care services but who are not eligible for or who may need more timely care than that available from the state public community mental health.

It is designed to offer immediate, short and medium term episodes of care and service navigation to connect people to ongoing services. It will assist adults seeking help in times of crisis, or as needs emerge, to have access to on-the-spot care, advice and support provided by mental health professionals.

Description of Activity *

Two Head to Health Adult Mental Health Satellite Sites will be established in the Brisbane South region. Satellites will work collaboratively across the Head to Health network including the Head to Health centre and Phone Service.

The Head to Health Adult Mental Health Satellite Sites are designed to offer immediate, short and medium term episodes of care and service navigation to connect people to ongoing services. This will assist adults seeking help in times of crisis, or as needs emerge, to have access to on-the-spot care, advice and support provided by mental health professionals.

Services available at the satellite sites will:

- respond to people experiencing crisis or in significant distress;
- provide a central point to connect people to other services in the region, including through offering information and advice about

mental health, service navigation and referral pathways for individuals and their carers and family;
 -provide in-house assessment using the IAR-DST to connect people with the most appropriate services, and;
 -provide evidence-based and evidence-informed immediate and short to medium term episodes of care, including utilisation of digital mental health platforms.

Through a co-design process, the provider will lead the development and design of the service to best:
 -complement available services in the region,
 -manage demand in a way that enables access to immediate support and advice for all who present,
 -provide short to medium term episodes of care for those for whom services are not available,
 -build a skilled multi-disciplinary team,
 -identify and where possible meet unmet local or cultural needs whilst having a standard suite of services,
 -offer after-hours services in a way which is sustainable from a duty of care, workforce and budget perspective; and
 -develop partnerships needed to offer a range of services and referral pathways.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
PH priority groups – First Nations peoples; peoples from multicultural backgrounds; people identifying as LGBTQIA+, experiencing homelessness or transitioning from corrections facilities to community.	106
A focus on the social determinants of health associated with health behaviours and health outcomes.	105
Geographic areas experiencing greater health needs – Beaudesert SA3, Southern Moreton Bay Islands, North Stradbroke Island and Logan LGA (particularly Jimboomba SA3).	105
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265



Activity Demographics

Target Population Cohort

Adults living within the identified locations who are experiencing emotional distress, mental ill health, and / or addiction, and their families and carers. In particular, those who may traditionally encounter barriers to accessing services, including economic disadvantage or those from priority populations including but not limited to Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTIQIA+, and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Wynnum - Manly	30103
Capalaba	30101
Jimboomba	31104
Browns Plains	31103
Springwood - Kingston	31106
Loganlea - Carbrook	31105
Beenleigh	31102



Activity Consultation and Collaboration

Consultation

Consultation has been undertaken with Metro South Addiction and Mental Health Services, local community service providers, primary care providers, local councils and people with lived experience. The Working Together Differently implementation framework governance structure includes executive joint governance arrangements, sub-regional groups, lived experience advisory group and taskforces, and priority working groups. These consultations were designed to complement the co-design processes outlined below (Consultation section).

Collaboration

Following an open procurement process, the successful provider will undertake a broad co-design process to consult with a cross-section of the communities where the sites will be established. This will include collaboration with First Nations, Culturally and Linguistically Diverse, people living with disabilities and people who identify as LGBTIQIA+. People with lived experience will be integral to the co-design process, in addition to system partners such as Metro South Addiction and Mental Health Services and primary care providers.



Activity Milestone Details/Duration

Activity Start Date

30/06/2023

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

A co-design process will be engaged throughout the establishment period to best guide the service in meeting local needs.



CHHP - 26 - MH 2.6 headspace Wait Time Reduction Program



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

CHHP

Activity Number *

26

Activity Title *

MH 2.6 headspace Wait Time Reduction Program

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

- To support the long-term sustainability of the headspace program by improving access to services, appropriately managing demand and improving the health outcomes of young people aged 12 to 25 with, or at risk of, mental illness access headspace services, and their families.
- To develop a strategy in a collaborative manner to reduce wait time to services for children and young people accessing headspace services in the Brisbane south region.

Description of Activity *

- To develop and implement wait time reduction strategies in collaboration with the Brisbane south headspace centres and headspace National Office (hNO). The need was identified based on the FY18/19 allocation of funding on headspace National's Centre Demand Survey, which was a self-report data from headspace centre managers. Further monitoring and feedback has surfaced significant increases in demand and resulting increases in wait times exacerbated by the impacts of COVID-19.
- To work with key stakeholders including headspace National, local communities and advisory groups to co-design and implement developed strategies.
- To enhance workforce capacity and optimise centre infrastructure to increase service capacity and responsiveness.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTIQIA+.	265
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region
- At risk of/or experiencing a mild to moderate mental health condition.
- Those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTIQIA+, and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: [https://bsphn.org.au/wp-](https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf)

[content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf](https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf)



CHHP - 27 - MH 2.7 headspace Demand Management and Enhancement Program



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

CHHP

Activity Number *

27

Activity Title *

MH 2.7 headspace Demand Management and Enhancement Program

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

This activity aims to :

- improve demand management at headspace services, increasing access and reducing wait time for young people aged 12 to 25 years to access high quality youth friendly mental health support.
- enhance the quality of experience for young people aged 12 to 25 years accessing mental health services provided through headspace.

Description of Activity *

headspace Capalaba

- employ an Access and Engagement Clinician to provide additional brief intervention and group therapies
- undertake minor renovations to add four new consult rooms. Renovations may include refurbishment, fit-out and purchase of ICT and equipment for the additional rooms.

headspace Inala

- employ a Clinical Psychologist to provide additional intervention sessions and undertake supervision of student placements
- employ an Occupational Therapist to provide individual intervention and group sessions
- engage two Master of Clinical Psychology student placements per university semester.
- update IT equipment and furniture to support workforce and service growth.

headspace Meadowbrook

- employ additional Intake Clinicians and Brief Intervention Clinicians to increase capacity for assessments to and deliver additional brief intervention

headspace Beaudesert

- employ additional Brief Intervention Clinician to increase capacity for assessments to and deliver additional brief intervention

headspace Woolloongabba

- relocation of the centre to respond to increased demand and service growth.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region
- At risk of/or experiencing severe mental health conditions
- Who may traditionally encounter barriers to accessing services, including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTQIA+, and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Brisbane Inner	30501
Beaudesert	31101
Capalaba	30101
Jimboomba	31104
Browns Plains	31103
Forest Lake - Oxley	31001
Springwood - Kingston	31106
Loganlea - Carbrook	31105
Beenleigh	31102



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/07/2020

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf