

Brisbane South - NMHSPA Bilateral PHN Program 2023/24 - 2027/28 Activity Summary View



NAB-H2H - 5 - NAB-H2H 5 Adult Mental Health Centre and Satellite Network



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-H2H

Activity Number *

5

Activity Title *

NAB-H2H 5 Adult Mental Health Centre and Satellite Network

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

Aim of Activity *

The Head to Health Adult Mental Health Centre aims to:

- provide a welcoming, low stigma, soft entry point to engagement, assessment and treatment for people who may be experiencing distress or crisis, including people with conditions too complex for many current primary care services but who are not eligible for or who may need more timely care than that available from the state public community mental health.
- offer immediate, short and medium term episodes of care and service navigation to connect people to ongoing services, without needing a prior appointment.

Description of Activity *

Through an open procurement approach a provider will be identified to deliver the Jimboomba Adult Mental Health Centre, for establishment in FY26 and commence service delivery in FY27. The Centre will work collaboratively across the Head to Health network including existing Head to Health Satellites and Phone Service.

The Centre will:

- Respond to people experiencing crisis or in significant distress,
- Provide a central point to connect people to other services in the region, including through offering information and advice about mental health, service navigation and referral pathways for individuals and their carers and family,
- Provide in-house assessment using the IAR-DST to connect people with the most appropriate services, and
- Provide evidence-based and evidence-informed immediate and short to medium term episodes of care, including utilisation of digital mental health platforms.

Through a co-design process, the successful provider will lead the development and design of the service to:

- Complement available services in the region,
- Manage demand in a way that enables access to immediate support and advice for all who present,
- Provide short to medium term episodes of care for those for whom services are not available,
- Build a skilled multi-disciplinary team,
- Identify and where possible meet unmet local or cultural needs whilst having a standard suite of services,
- Offer after-hours services in a way which is sustainable from a duty of care, workforce and budget perspective,
- Develop partnerships needed to offer a range of services and referral pathways, and
- Provide an environment that feels welcoming and safe to all who present including First Nations people, people from diverse cultural backgrounds and LGBTIQ+ people.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
PH priority groups – First Nations peoples; peoples from multicultural backgrounds; people identifying as LGBTQIA+, experiencing homelessness or transitioning from corrections facilities to community.	106
Geographic areas experiencing greater health needs – Beaudesert SA3, Southern Moreton Bay Islands, North Stradbroke Island and Logan LGA (particularly Jimboomba SA3).	105
A focus on the social determinants of health associated with health behaviours and health outcomes.	105
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265



Activity Demographics

Target Population Cohort

Adults living within the identified locations who are experiencing emotional distress, mental ill health, and / or addiction, and their families and carers. In particular, those who may traditionally encounter barriers to accessing services, including economic disadvantage or those from priority populations including but not limited to Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTIQ+, and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Consultation has been undertaken with Metro South Addiction and Mental Health Services, community service providers locally, primary care providers, local councils and people with lived experience. The Working Together Differently implementation framework governance structure includes executive joint governance arrangements, sub-regional groups, lived experience advisory group and taskforces, and priority working groups. These consultations were designed to complement the co-design processes outlined below (Consultation section).

Collaboration

Following an open procurement process, the successful provider will be identified and will undertake a broad co-design process to best consult and collaborate with a broad cross-section of the communities where the sites will be established. This will include collaboration with First Nations, Culturally and Linguistically Diverse, people living with disabilities and people who identify as LGBTIQ+.

People with lived experience will be integral to the co-design process, in addition to system partners such as Metro South Addiction and Mental Health Services and primary care providers.



Activity Milestone Details/Duration

Activity Start Date

30/06/2025

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

A co-design process will be engaged throughout the establishment period to best guide the service in meeting local needs.



NAB-UAS - 1 - NAB-UAS 1 Universal Aftercare Services



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-UAS

Activity Number *

1

Activity Title *

NAB-UAS 1 Universal Aftercare Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Aim of Activity *

To implement a place-based approach to suicide aftercare through community-based activities and partnership with local Hospital and Health Services (including the Princess Alexandra Hospital catchment/Brisbane sub-region, Redlands Hospital catchment/Redlands sub-region, Logan Hospital catchment/Logan and Beaudesert sub-regions and Children's Health Queensland) and other providers.

To ensure appropriate follow-up and support arrangements, provided by an appropriate workforce, are in place for individuals after a suicide attempt and for people at high risk of suicide.

Description of Activity *

The objectives of Universal Aftercare are to:

- improve access to high-quality aftercare to support at-risk individuals to stay safe;
- build capacity of individuals to self-manage distress and improve mental wellbeing;
- improve links with clinical and community-based services to meet individual needs and circumstances;
- increase social connectedness and links to supportive networks (families, friends, peers, and carers); and
- improve the capacity and capability of the Universal Aftercare workforce to support at-risk individuals.

Universal Aftercare is a psychosocial support service response for people following a suicide attempt or experiencing suicidal crisis. Universal Aftercare will be implemented as per the service model and specifications outlined by the Queensland Health Funding Agreement, with local adaptations including lowering the minimum age to 15 years within Redlands and Logan.

Roles will include:

- Clinical lead responsibilities for Universal Aftercare
- Support Coordination across the region to enable targeted support and referral pathways for priority population groups

A program logic model will be maintained to manage appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Working to address the broad range of factors that contribute to mental health challenges experienced by young people in the Brisbane south community.	152
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTIQIA+.	265
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265



Activity Demographics

Target Population Cohort

People within the Brisbane South PHN region who are experiencing, or are at increased risk of, suicide.

Brisbane South PHN has a particular focus on priority populations who are disproportionately impacted by suicide:

- CALD communities within the Brisbane South PHN region
- Aboriginal and Torres Strait Islander peoples including those with a youth focus
- People identify as LGBTIQIA+
- People with disability
- Youth aged 15 years and over

Universal Aftercare – People referred from the Brisbane Princess Alexandra Hospital, Logan Hospital, Redlands Hospital.

Indigenous Specific *

No

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers, Lived experience suicide prevention taskforce.

Collaboration

Consumers - Planning, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

Universal Aftercare builds on and enhances previous services provided under MH 5.3 The Way Back Support Service, which was co-designed with input from Metro South Addiction and Mental Health Services and Queensland Health.



NAB-HE - 31 - NAB-HE 3.1 headspace Enhancement Capalaba



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

31

Activity Title *

NAB-HE 3.1 headspace Enhancement Capalaba

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

This activity aims to:

- increase access to coordinated multi-disciplinary care for cohorts of young people aged 12–25 years in Capalaba
- improve work force attraction and retention across the network

This funding will be used within the parameters of the headspace Model Integrity Framework to enhance individual headspace services' capacity to respond to local need.

Description of Activity *

A number of agreed approved activities have been identified by the lead agencies to support the enhancement of the headspace centres. For headspace Capalaba this includes:

- Recruitment of additional clinical and non-clinical staff
- Supplementing salaries for the existing multi-disciplinary workforce

Needs assessment

An assessment of eleven key indicators was conducted to inform decisions about re-allocation of funding. These indicators included demographics for young people aged 12-25 years of age, projected population growth, new educational facilities planned. Sub-regional variation within the PHN was explored for: levels of disadvantage; psychological distress; mental health-related presentations to emergency departments and mental health related prescriptions. The information was accessed from the most recent Brisbane South PHN Needs Assessment and updated demographics from the ABS was accessed from the Queensland Government Statisticians Office.

Health service usage was also explored using hAPI data from each of the five headspace services from FY18 to FY22. Sub-regional variation in the number of service contacts and episodes delivered; the average number of service contacts per episode and the percentage of headspace participants who reported an improvement in psychological distress (using the K10) were assessed. The eleven indicators were ranked to signal relative need. Overall, the findings showed that the greatest need appears to be in the Inala and Meadowbrook regions.

Inala had the highest population of young people; greatest number of new schools planned; highest mental health related ED presentations and self-reported psychological distress. Inala also ranked highly in usage of existing headspace centre, including a high average number of service contacts per episode which can indicate complexity.

Meadowbrook was ranked second on most of these indicators including population numbers, levels of disadvantage, mental health related ED presentations and self-reported psychological distress. Meadowbrook had the highest number of prescriptions for mental health related medications and highest number of episodes of care.

It is worth noting that Beaudesert ranked first for projected population growth and highest proportion of residents in the most disadvantaged quintile. Beaudesert is an outer regional area with a recently opened headspace satellite.

Limitations included some information not available in small geographic areas and the Beaudesert satellite was only established in FY22 and so trend data was not available.

Funding allocation

Please note: The information provided below is subject to change following further consultation with headspace National, as per the NAB headspace enhancement guide (Aug 2023).

In 2023-24 headspace Capalaba will receive \$1,026,396 core service funding and \$205,000 enhancement funding through the NABS.

In 2024-25 headspace Capalaba will reach its funding floor and surplus funds will be reallocated.

In 2024-25 headspace Capalaba will receive \$1,042,697 core service funding and \$413,600 enhancement funding – reaching 117% of its funding floor with flexible funding of \$206,297 to reallocate. Of this surplus enhancement funding, \$83,761.08 will be retained for headspace Capalaba, \$52,068.08 will be allocated to headspace Inala, \$51,545.28 will be allocated to headspace Woolloongabba and \$18,922.56 will be allocated to headspace Beaudesert.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Working to address the broad range of factors that contribute to mental health challenges experienced by young people in the Brisbane south community.	152
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within Capalaba and surrounds in the Brisbane South PHN region
- At risk of/or experiencing a mild mental health condition to those experiencing more severe mental health conditions
- Who may traditionally encounter barriers to accessing services including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander people, people from CALD backgrounds and the LGBTIQ+ community and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Mt Gravatt	30303
Wynnum - Manly	30103
Cleveland - Stradbroke	30102
Carindale	30301
Capalaba	30101



Activity Consultation and Collaboration

Consultation

Guidance and consultation from Department of Health and Aged Care, implementation guidance from headspace National and Brisbane South headspace Centres.

Collaboration

Guidance and consultation from Department of Health and Aged Care, Implementation guidance from headspace National and Brisbane South headspace Centres.



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A



NAB-HE - 32 - NAB-HE 3.2 headspace Enhancement Meadowbrook



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

32

Activity Title *

NAB-HE 3.2 headspace Enhancement Meadowbrook

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

This activity aims to:

- increase access to coordinated multi-disciplinary care for cohorts of young people aged 12–25 years within the Meadowbrook region
- improve work force attraction and retention across the network

This funding will be used within the parameters of the headspace Model Integrity Framework to enhance individual headspace services' capacity to respond to local need.

Description of Activity *

A number of agreed approved activities have been identified by the lead agencies to support the enhancement of the headspace centres. For headspace Meadowbrook this includes:

- Recruitment of additional clinical and non-clinical staff
- Supplementing salaries for the existing multi-disciplinary workforce

Needs assessment

An assessment of eleven key indicators was conducted to inform decisions about re-allocation of funding. These indicators included demographics for young people aged 12-25 years of age, projected population growth, new educational facilities planned. Sub-regional variation within the PHN was explored for: levels of disadvantage; psychological distress; mental health-related presentations to emergency departments and mental health related prescriptions. The information was accessed from the most recent Brisbane South PHN Needs Assessment and updated demographics from the ABS was accessed from the Queensland

Government Statisticians Office.

Health service usage was also explored using hAPI data from each of the five headspace services from FY18 to FY22. Trends in the number of service contacts and episodes delivered; the average number of service contacts per episode and the percentage of headspace participants who reported an improvement in psychological distress (using the K10). The eleven indicators were ranked to signal relative need.

Overall, the findings showed that the greatest need appears to be in the Inala and Meadowbrook regions.

Inala had the highest population of young people; greatest number of new schools planned; highest mental health related ED presentations and self-reported psychological distress. Inala also ranked highly in usage of existing headspace centre, including a high average number of service contacts per episode which can indicate complexity.

Meadowbrook was ranked second on most of these indicators including population numbers, levels of disadvantage, mental health related ED presentations and self-reported psychological distress. Meadowbrook had the highest number of prescriptions for mental health related medications and highest number of episodes of care.

It is worth noting that Beaudesert ranked first for projected population growth and highest proportion of residents in the most disadvantaged quintile. Beaudesert is an outer regional area with a recently opened headspace satellite.

Limitations included some information not available in small geographic areas and the Beaudesert satellite was only established in FY22 and so trend data was not available.

Funding re-allocation

Please note: The information provided below is subject to change following further consultation with headspace National, as per the NAB headspace enhancement guide (Aug 2023).

In 2023-24 headspace Meadowbrook will receive \$1,064,638 core service funding and \$205,000 enhancement funding through the NABS. The surplus funds of \$19,638 will be allocated to its satellite at headspace Beaudesert.

In 2024-25 headspace Meadowbrook will receive \$1,081,647 core service funding and \$413,600 enhancement funding – reaching 120% of its funding floor with flexible funding of \$245,247 to reallocate. Based on the local needs analysis outlined above, \$212,624.28 of the surplus enhancement funding will be retained for headspace Meadowbrook, and \$32,662.72 will be allocated to the headspace Beaudesert satellite.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Working to address the broad range of factors that contribute to mental health challenges experienced by young people in the Brisbane south community.	152
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care	265

coordination for people with severe/complex mental health concerns.	
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Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within Meadowbrook and surrounds in the Brisbane South PHN region
- At risk of/or experiencing a mild mental health condition to those experiencing more severe mental health conditions
- Who may traditionally encounter barriers to accessing services including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander people, people from CALD backgrounds and the LGBTIQ+ community and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Jimboomba	31104
Browns Plains	31103
Loganlea - Carbrook	31105
Beenleigh	31102
Springwood - Kingston	31106



Activity Consultation and Collaboration

Consultation

Guidance and consultation from Department of Health and Aged Care, implementation guidance from headspace National and Brisbane South headspace Centres.

Collaboration

Guidance and consultation from Department of Health and Aged Care, Implementation guidance from headspace National and Brisbane South headspace Centres.



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A



NAB-HE - 33 - NAB-HE 3.3 headspace Enhancement Woolloongabba



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

33

Activity Title *

NAB-HE 3.3 headspace Enhancement Woolloongabba

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

This activity aims to:

- increase access to coordinated multi-disciplinary care for cohorts of young people aged 12–25 years within the Woolloongabba region.
- improve work force attraction and retention across the network

This funding will be used within the parameters of the headspace Model Integrity Framework to enhance individual headspace services' capacity to respond to local need.

Description of Activity *

A number of agreed approved activities have been identified by the lead agencies to support the enhancement of the headspace centres. For headspace Woolloongabba this includes:

- Recruitment of additional clinical and non-clinical staff
- Supplementing salaries for the existing multi-disciplinary workforce

Needs assessment

An assessment of eleven key indicators was conducted to inform decisions about re-allocation of funding. These indicators included demographics for young people aged 12-25 years of age, projected population growth, new educational facilities planned. Sub-regional variation within the PHN was explored for: levels of disadvantage; psychological distress; mental health-related presentations to emergency departments and mental health related prescriptions. The information was accessed from the most recent Brisbane South PHN Needs Assessment and updated demographics from the ABS was accessed from the Queensland

Government Statisticians Office.

Health service usage was also explored using hAPI data from each of the five headspace services from FY18 to FY22. Trends in the number of service contacts and episodes delivered; the average number of service contacts per episode and the percentage of headspace participants who reported an improvement in psychological distress (using the K10). The eleven indicators were ranked to signal relative need.

Overall, the findings showed that the greatest need appears to be in the Inala and Meadowbrook regions. Inala had the highest population of young people; greatest number of new schools planned; highest mental health related ED presentations and self-reported psychological distress. Inala also ranked highly in usage of existing headspace centre, including a high average number of service contacts per episode which can indicate complexity.

Meadowbrook was ranked second on most of these indicators including population numbers, levels of disadvantage, mental health related ED presentations and self-reported psychological distress. Meadowbrook had the highest number of prescriptions for mental health related medications and highest number of episodes of care.

It is worth noting that Beaudesert ranked first for projected population growth and highest proportion of residents in the most disadvantaged quintile. Beaudesert is an outer regional area with a recently opened headspace satellite.

Limitations included some information not available in small geographic areas and the Beaudesert satellite was only established in FY22 and so trend data was not available.

Funding re-allocation

Please note: The information provided below is subject to change following further consultation with headspace National, as per the NAB headspace enhancement guide (Aug 2023).

In 2023-24 headspace Woolloongabba will receive \$931,062 core service funding and \$205,000 enhancement funding through the NABS.

In 2024-25 headspace Woolloongabba will receive \$945,945 core service funding and \$207,000 enhancement funding – reaching 92% of its funding floor. An additional \$51,545.28 surplus enhancement funding will be reallocated from headspace Capalaba to headspace Woolloongabba, bringing it to 96% of the centre funding floor.

It is expected that headspace Woolloongabba will reach its funding floor in 2025-26.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Working to address the broad range of factors that contribute to mental health challenges experienced by young people in the Brisbane south community.	152
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265
Mental health support across the stepped care continuum, from prevention & low intensity to	265

psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	
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Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within Woolloongabba and surrounds in the Brisbane South PHN region
- At risk of/or experiencing a mild mental health condition to those experiencing more severe mental health conditions
- Who may traditionally encounter barriers to accessing services including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander people, people from CALD backgrounds and the LGBTIQ+ community and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Brisbane Inner	30501
Redcliffe	31305
Nathan	30304
Holland Park - Yeronga	30302
Brisbane Inner - East	30502



Activity Consultation and Collaboration

Consultation

Guidance and consultation from Department of Health and Aged Care, implementation guidance from headspace National and Brisbane South headspace Centres.

Collaboration

Guidance and consultation from Department of Health and Aged Care, Implementation guidance from headspace National and Brisbane South headspace Centres.



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A



NAB-HE - 34 - NAB-HE 3.4 headspace Enhancement Inala



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

34

Activity Title *

NAB-HE 3.4 headspace Enhancement Inala

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

This activity aims to:

- increase access to coordinated multi-disciplinary care for cohorts of young people aged 12–25 years within the Inala region.
- improve work force attraction and retention across the network

This funding will be used within the parameters of the headspace Model Integrity Framework to enhance individual headspace services' capacity to respond to local need.

Description of Activity *

A number of agreed approved activities have been identified by the lead agencies to support the enhancement of the headspace centres. For headspace Inala this includes:

- Recruitment of additional clinical and non-clinical staff
- Supplementing salaries for the existing multi-disciplinary workforce
- Increasing community engagement and awareness activities, particularly with priority populations

Needs assessment

An assessment of eleven key indicators was conducted to inform decisions about re-allocation of funding. These indicators included demographics for young people aged 12-25 years of age, projected population growth, new educational facilities planned. Sub-regional variation within the PHN was explored for: levels of disadvantage; psychological distress; mental health-related presentations to emergency departments and mental health related prescriptions. The information was accessed from the most recent Brisbane South PHN Needs Assessment and updated demographics from the ABS was accessed from the Queensland

Government Statisticians Office.

Health service usage was also explored using hAPI data from each of the five headspace services from FY18 to FY22. Trends in the number of service contacts and episodes delivered; the average number of service contacts per episode and the percentage of headspace participants who reported an improvement in psychological distress (using the K10). The eleven indicators were ranked to signal relative need.

Overall, the findings showed that the greatest need appears to be in the Inala and Meadowbrook regions. Inala had the highest population of young people; greatest number of new schools planned; highest mental health related ED presentations and self-reported psychological distress. Inala also ranked highly in usage of existing headspace centre, including a high average number of service contacts per episode which can indicate complexity.

Meadowbrook was ranked second on most of these indicators including population numbers, levels of disadvantage, mental health related ED presentations and self-reported psychological distress. Meadowbrook had the highest number of prescriptions for mental health related medications and highest number of episodes of care.

It is worth noting that Beaudesert ranked first for projected population growth and highest proportion of residents in the most disadvantaged quintile. Beaudesert is an outer regional area with a recently opened headspace satellite.

Limitations included some information not available in small geographic areas and the Beaudesert satellite was only established in FY22 and so trend data was not available.

Funding re-allocation

Please note: The information provided below is subject to change following further consultation with headspace National, as per the NAB headspace enhancement guide (Aug 2023).

In 2023-24 headspace Inala will receive \$1,012,871 core service funding and \$205,000 enhancement funding through the NABS. In 2024-25 headspace Inala will receive \$1,029,172 core service funding and \$413,600 enhancement funding – reaching 115% of its funding floor. Based on the local needs analysis outlined above, an additional \$52,068.08 surplus enhancement funding will be reallocated from headspace Capalaba to headspace Inala, bringing it to 120% of the funding floor for headspace centres.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Working to address the broad range of factors that contribute to mental health challenges experienced by young people in the Brisbane south community.	152
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
A local mental health service system that is not able to meet people's mental health needs.	265
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	265



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within Inala and surrounds in the Brisbane South PHN region
- At risk of/or experiencing a mild mental health condition to those experiencing more severe mental health conditions
- Who may traditionally encounter barriers to accessing services including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander people, people from CALD backgrounds and the LGBTIQ+ community and people with disability.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Sherwood - Indooroopilly	30403
Sunnybank	30306
Centenary	30401
Forest Lake - Oxley	31001
Rocklea - Acacia Ridge	30305



Activity Consultation and Collaboration

Consultation

Guidance and consultation from Department of Health and Aged Care, implementation guidance from headspace National and Brisbane South headspace Centres.

Collaboration

Guidance and consultation from Department of Health and Aged Care, Implementation guidance from headspace National and Brisbane South headspace Centres.



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A



NAB-HE - 35 - NAB-HE 3.5 headspace Enhancement Beaudesert



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

35

Activity Title *

NAB-HE 3.5 headspace Enhancement Beaudesert

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

This activity aims to:

- increase access to coordinated multi-disciplinary care for cohorts of young people aged 12–25 years within the Beaudesert region.
- improve work force attraction and retention across the network

This funding will be used within the parameters of the headspace Model Integrity Framework to enhance individual headspace services' capacity to respond to local need.

Description of Activity *

A number of agreed approved activities have been identified by the lead agencies to support the enhancement of this headspace satellite. For headspace Beaudesert this includes:

- Recruitment of additional clinical and non-clinical staff
- Supplementing salaries for the existing multi-disciplinary workforce

Needs assessment

An assessment of eleven key indicators was conducted to inform decisions about re-allocation of funding. These indicators included demographics for young people aged 12-25 years of age, projected population growth, new educational facilities planned. Sub-regional variation within the PHN was explored for: levels of disadvantage; psychological distress; mental health-related presentations to emergency departments and mental health related prescriptions. The information was accessed from the most recent Brisbane South PHN Needs Assessment and updated demographics from the ABS was accessed from the Queensland

Government Statisticians Office.

Health service usage was also explored using hAPI data from each of the five headspace services from FY18 to FY22. Trends in the number of service contacts and episodes delivered; the average number of service contacts per episode and the percentage of headspace participants who reported an improvement in psychological distress (using the K10). The eleven indicators were ranked to signal relative need.

Overall, the findings showed that the greatest need appears to be in the Inala and Meadowbrook regions. Inala had the highest population of young people; greatest number of new schools planned; highest mental health related ED presentations and self-reported psychological distress. Inala also ranked highly in usage of existing headspace centre, including a high average number of service contacts per episode which can indicate complexity. Meadowbrook was ranked second on most of these indicators including population numbers, levels of disadvantage, mental health related ED presentations and self-reported psychological distress. Meadowbrook had the highest number of prescriptions for mental health related medications and highest number of episodes of care. It is worth noting that Beaudesert ranked first for projected population growth and highest proportion of residents in the most disadvantaged quintile. Beaudesert is an outer regional area with a recently opened headspace satellite.

Limitations included some information not available in small geographic areas and the Beaudesert satellite was only established in FY22 and so trend data was not available.

Funding re-allocation

Please note: The information provided below is subject to change following further consultation with headspace National, as per the NAB headspace enhancement guide (Aug 2023).

In 2023-24 headspace Beaudesert will receive \$394,526 core service funding and an additional allocation of \$19,638 from the headspace Meadowbrook centre.

In 2024-25 headspace Beaudesert will receive \$400,904 core service funding and \$207,000 enhancement funding – reaching 49% of the funding floor for satellite services. An additional \$51,545.28 surplus enhancement funding will be reallocated from headspace Capalaba to headspace Beaudesert, bringing it to 82% of the satellite funding floor.

It is expected that headspace Beaudesert will reach its satellite funding floor in 2025-26.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Working to address the broad range of factors that contribute to mental health challenges experienced by young people in the Brisbane south community.	152
The numerous barriers for people experiencing mental health concerns to find and access the right support.	265
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MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	265

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Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within Beaudesert and surrounds in the Brisbane South PHN region
- At risk of/or experiencing a mild mental health condition to those experiencing more severe mental health conditions
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Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Beaudesert	31101
Gold Coast Hinterland	30904
Ipswich Hinterland	31002
Jimboomba	31104



Activity Consultation and Collaboration

Consultation

Guidance and consultation from Department of Health and Aged Care, implementation guidance from headspace National and Brisbane South headspace Centres.

Collaboration

Guidance and consultation from Department of Health and Aged Care, Implementation guidance from headspace National and Brisbane South headspace Centres.



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A
