



WHAT YOU SEE

I am a complainer, asking  
too much, talk too much,  
troublemaker

WHAT YOU MISS

I am my grandmother's  
voice. Listen, hear me and  
trust me

*The Family Carer Experience Project is supported by funding from the Australian Government through the PHN Program.*

A watercolor illustration of a person's head and shoulders. The face is a vibrant red, while the rest of the body is painted in various shades of pink and magenta. The background is a soft, light pink wash. The person's expression is not clearly defined, but the overall tone is one of quiet strength and vulnerability.

## WHAT YOU SEE

I am smiling, in  
control, full of  
energy and ideas

## WHAT YOU MISS

I am exhausted,  
vulnerable, scared  
and lonely

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A watercolor-style illustration of a person's head and shoulders in profile, facing right. The person is wearing a dark, textured garment. The background is a vibrant pink and purple watercolor wash. The text is overlaid on the image.

## WHAT YOU SEE

I love giving to others at these meetings, I feel like I am a real human being

## WHAT YOU MISS

I want to be loved by my partner like it used to be. I am giving too much and receiving little

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A watercolor illustration of a person's head and shoulders in profile, facing right. The person has dark, curly hair and is wearing a dark jacket. The background is a mix of light and dark green watercolor washes. The text is overlaid on the image.

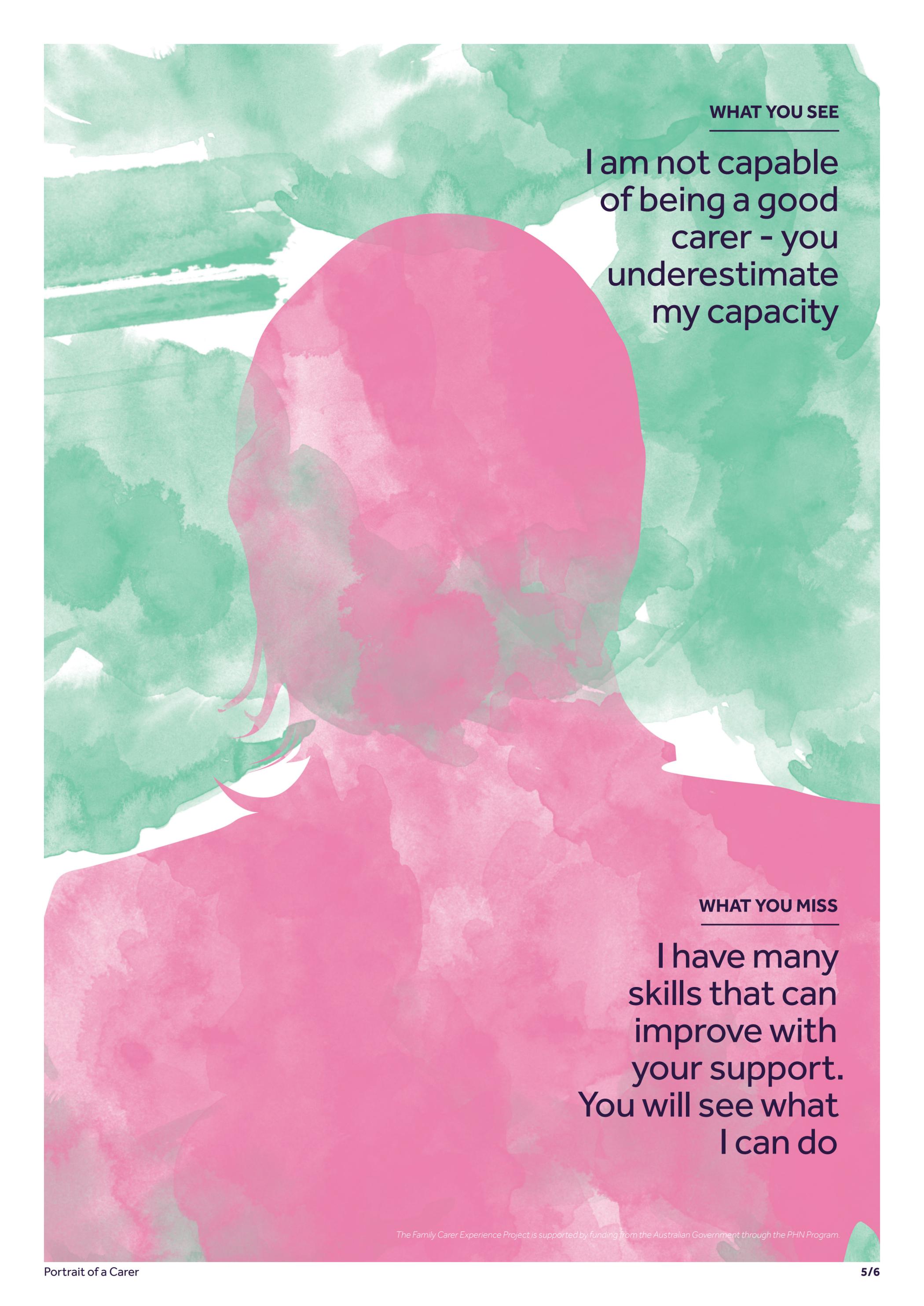
## WHAT YOU SEE

I care about others more  
than myself and ignore my  
own disability

## WHAT YOU MISS

I learnt to ask  
strangers for  
help. I learnt to  
complain

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WHAT YOU SEE

I am not capable  
of being a good  
carer - you  
underestimate  
my capacity

WHAT YOU MISS

I have many  
skills that can  
improve with  
your support.  
You will see what  
I can do

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A watercolor-style portrait of a person, likely a carer, is the central focus. The person's head and shoulders are visible, rendered in soft, blended colors. The background is a mix of light blue and white washes, while the foreground and the person's clothing are in shades of red and pink. The overall effect is artistic and emotional.

## WHAT YOU SEE

I am  
someone  
who looks  
capable,  
calm and  
coping well

## WHAT YOU MISS

I often feel I have lost myself and  
don't have much to look forward to.  
Fear sometimes grips my heart

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