

Brisbane South PHN

Palliative Care Action Plan 2023-2025



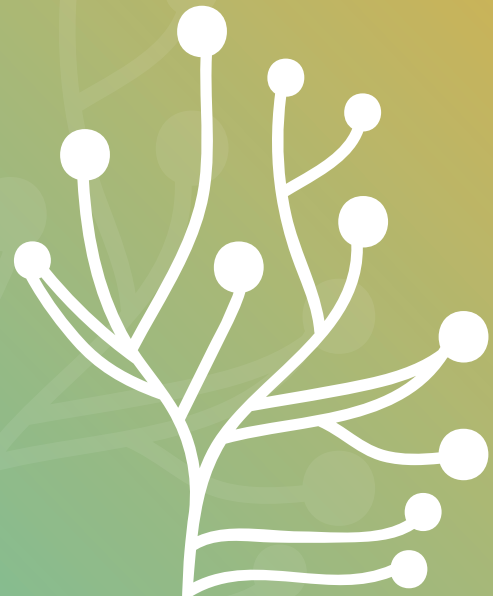
Matters of
life and death

Our vision for palliative care in Brisbane South

People affected by life-limiting illnesses in communities across Brisbane South get the care they need to live well.

Guiding principles

- Palliative care is person-centred care
- Death is a part of life
- Carers are valued and receive the care they need
- Care is accessible
- Everyone has a role to play in palliative care
- Care is high quality and evidence-based



Our priority areas for action



Increasing death literacy and understanding of dying well in priority communities across Brisbane South.



Improving the accessibility and equity of palliative care services and supports.



Strengthening the delivery of palliative care to be holistic, effective, high-quality and responsive to people's needs.



Supporting a capable palliative care workforce, particularly primary health and aged care services.



Building an integrated, informed palliative care system.

Our priority communities

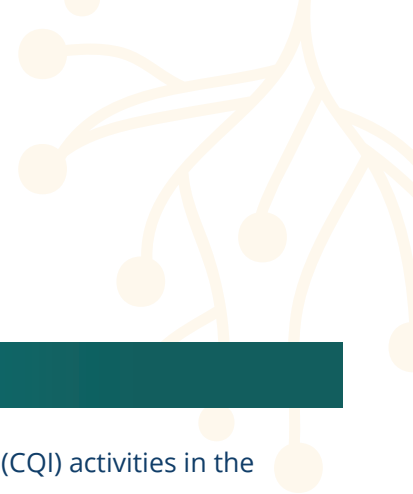
- Aboriginal and Torres Strait Islander people
- Culturally and linguistically diverse (CALD) communities, particularly new migrants
- Lesbian, gay, bisexual, transgender and intersex (LGBTI) communities
- People living with disability, including cognitive impairment such as dementia
- People experiencing homelessness
- People in long-term institutional care
- Older people who are frail
- People living in rural and remote areas of the Brisbane South region

The actions we will deliver

Priorities	Actions
Priority 1: Increasing death literacy and understanding of dying well in priority communities across Brisbane South.	<ul style="list-style-type: none">1.1 Promote uptake of relevant statewide and national initiatives and programs1.2 Promote uptake of advance care planning in aged care services1.3 Support primary care services to routinely engage in advance care planning1.4 Engage with our priority communities to understand and address barriers to palliative and end-of-life care1.5 Explore models and frameworks for community-led end-of-life care1.6 Partner with stakeholders to increase the confidence and ability of community members to care for each other at the end of life

Priority 2: Improving the accessibility and equity of palliative care services and supports.	<ul style="list-style-type: none">2.1 Promote earlier access to palliative care services for people diagnosed with a life-limiting illness and their carers and loved ones, particularly for our priority communities2.2 Engage with Aboriginal Community-Controlled services to support their role in delivering palliative care for First Nations communities2.3 Explore options for streamlined access to urgent care for acutely unwell palliative patients2.4 Develop a coordinated approach to promoting and navigating locally available palliative care services and supports2.5 Scope models of in-home palliative care to improve access, particularly telehealth virtual care
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Priorities	Actions
Priority 3: Strengthening the delivery of palliative care to be holistic, effective, high-quality and responsive to people's needs.	3.1 Deliver continuous quality improvement (CQI) activities in the general practice setting around the provision of palliative and end-of-life care
	3.2 Apply learnings and extend the reach of the General Practice Nurse Enhancement model
	3.3 Support more culturally appropriate and responsive palliative care for First Nations and culturally and linguistically diverse communities
	3.4 Scope innovative models of palliative care that provide more holistic, coordinated and integrated support
Priority 4: Supporting a capable palliative care workforce, particularly in primary health care and aged care services.	4.1 Continue to maintain an agreed palliative care pathway resource through SpotOnHealth HealthPathways
	4.2 Promote existing education and training resources
	4.3 Develop a palliative care workforce development plan
	4.4 Partner with system stakeholders to ensure voluntary assisted dying communications and strategies are locally aligned and are relevant to support the primary care workforce
	4.5 Partner with specialist palliative care services to build the capacity of generalist palliative care providers
	4.6 Develop partnerships that facilitate clinical workforce placements
Priority 5: Building an integrated, informed palliative care system.	5.1 Engage PHN-led governance mechanisms to drive system collaboration and outcomes
	5.2 Explore opportunities to improve pharmacological management and access to medication for palliative patients
	5.3 Collaboratively develop and improve local palliative care pathways
	5.4 Establish a Palliative Care Community of Practice in Brisbane South

How we will make it happen

To deliver on our Action Plan, Brisbane South PHN will:

- establish governance mechanisms that provide clinical oversight, involve consumers and carers, and guide the implementation and review of the plan
- work in partnership with key stakeholders across the region, such as Metro South Health, general practices and primary care providers, aged care services, Aboriginal and Torres Strait Islander community-controlled services and community groups
- provide targeted resourcing through our commissioning approach
- undertake monitoring and evaluation of the Action Plan to collect data, measure outcomes and identify learnings
- develop reporting that shares insights with key stakeholders in our region and contributes to building the evidence base.

Matters of life and death

