

Mental Health, Suicide Prevention and Alcohol and Other Drugs Supports: End of Year Service Closures 2024/25

Emergency & Crisis Supports		
Organisation	Services	Contact Information
1300 MH CALL	Confidential mental health telephone triage service.	1300 642 255
13YARN	24-hour crisis support without judgement and providing a confidential, culturally safe space to yarn about concerns.	13 92 76
Adis	24-hour support for people in Queensland with alcohol and other drug concerns	1800 17 833
Arafmi Carer Support Line	24-hour counselling and resource support for anyone caring for or about a relative or friend with a psychosocial disability.	1300 554 660
Beyond Blue	24-hour access mental health professionals, peer support, information and advice to seek further support.	1300 224 636
Kids Helpline	24-hour confidential and anonymous, telephone and online support for people aged between 5 and 25years.	1800 551 800
Lifeline	24-hour crisis support and suicide prevention services.	13 11 14
MensLine Australia	24-hour telephone counselling and online chat to men having relationship and family problems.	1300 789 978
Moblink	Linking Aboriginal and Torres Strait Islander people living in Southeast Queensland to health and social services.	1800 254 354
Parentline	Confidential telephone service providing professional counselling and support in Queensland and the Northern Territory.	1300 301 300
Suicide Call Back Service	24-hour phone and online counselling to people affected by suicide.	1300 659 467

Brisbane South PHN Commissioned Service Providers

Program / Service Organisation	Holiday Hours	Contact Information
Access & Support Services		
Head to Health Phone and Digital Intake Service <i>Neami National</i>	No closure.	1800 595 212
Medicare Mental Health Centre – Logan <i>Footprints Community</i>	Closed Public Holidays & 27 December 2024.	1800 573 955 loganmmhc@footprintscommunity.org.au
Mental Health & Wellbeing Support (Youth)		
Headspace Beaudesert <i>Stride</i>	Closed 24 December 12pm until 6 January 2025.	(07) 5515 1800 headspace.Beaudesert@stride.com.au
Headspace Capalaba <i>Wesley Mission</i>	Closed 23 December until 6 January 2025.	1300 851 274 headspacecapalaba@wmq.org.au
Headspace Early Psychosis Program <i>Stride</i>	Closed Public Holidays. Open other days with reduced staffing.	0423 614 781 earlypsychosis@headspacesouthport.org.au
Headspace Inala <i>Accoras</i>	Closed from 25 December until 2 January 2025.	(07) 3727 5000 headspaceinala@accoras.org.au
Headspace Meadowbrook <i>Stride</i>	Closed 24 December 12pm until 2 January 2025.	(07) 3804 4200 headspace.Meadowbrook@stride.com.au
Headspace Woolloongabba <i>Stride</i>	Closed 24 December 12pm until 2 January 2025.	(07) 3249 2222 headspace.Woolloongabba@stride.com.au

Commonwealth Psychosocial Support Programs (CPSP)

CPSP Accoras	Closed 24 December until 2 January 2025.	(07) 3255 6555
CPSP BrookRED	Closed 24 December until 6 January 2025.	(07) 3343 9282 enquiries@brookred.org.au
CPSP Fortify Health Group	Closed 20 December until 2 January 2025.	(07) 3416 6660 info@fortifyhealth.com.au
CPSP Home & Healthy	Closed Public Holidays. Reduced staffing other days.	(07) 3029 7000 homeandhealthy@micahprojects.org.au
CPSP Institute for Urban Indigenous Health	Closed Public Holidays.	(07) 3828 3600 reception@iuih.org.au
CPSP Stepping Stone Clubhouse	No closure.	(07) 3847 1058 clerical@steppingstoneclubhouse.org.au
CPSP Stride Hub	Closed 25 December until 2 January 2025.	(07) 3914 9930 brisbanesouthhub@stride.com.au

Psychological Support Programs

Multicultural Psychological Therapies & Problem Management Plus Programs The World Wellness Group	Closed 25 December until 2 January 2025.	(07) 3333 2100 admin@worldwellnessgroup.org.au
Perinatal Wellness Peach Tree	Closed 24 December until 6 January 2025.	southbrisbane@peachtree.org.au
Psychological Therapies Program Wesley Mission Queensland		(07) 3151 3825
Psychology Support Program Change Futures	Closed 20 December until 6 January 2025.	(07) 3857 0847 intake@changeutures.org.au
Wellbeing Mental Health Services Wesley Mission Queensland		(07) 3151 3840

Alcohol and Other Drugs

AMEND program Anglicare Southern Queensland	Closed Public Holidays.	(07) 3028 4600 rpoudel@anglicaresq.org.au
Community and Family Support Service (CAFSS) DrugARM	Closed 20 December until 6 January 2025. All offices, intake and information lines: Closed 25 December until 2 January 2025.	1300 656 800 or Intake (07) 3620 8880 reception@drugarm.com.au
CHAMP at Home Mater at Home	Closed Public Holidays.	(07) 3163 1760 materathome@mater.org.au
Lives Lived Well	Closed 20 December until 6 January 2025. Logan House open for enquiries.	1300 727 957 info@liveslivedwell.org.au
QuiHN Queensland Injectors Health Network	All offices: Closed 25 December until 2 January 2025. NSPs open limited hours: 27,30 & 31 December 10am- 2pm	(07) 3620 8111 or 1800 172 076 (free call) quihn@quihn.org

Suicide Prevention

Alternatives to Suicide Support (Alt2Su) BrookRED	Closed 24 December until 6 January 2025.	(07) 3343 9282 enquiries@brookred.org.au
Community Based Suicide Prevention - Postvention Inala Wangarra	Closed 20 December until 10 January 2025.	(07) 3372 2333 admin@inalawangarra.com.au
Multicultural Community Based Suicide Prevention - Postvention Mana Pasifika	Closed 24 December until 2 January 2025.	1300 282 115 admin@mana.org.au
NEXUS program & CARES (Postvention) program QPASTT	Closed 24 December until 2 January 2025.	(07) 3391 6677 connect@qpastt.org.au
Torque It Out Wheelnutz	Closed 16 December until 6 January 2025.	(07) 3416 0854 admin@wheelnutzgarage.com