

APNA 2019 NATIONAL CONFERENCE

4-6 April | Adelaide Convention Centre



BUILDING ON THE BEST IN 2019

For the first time, Adelaide will be the host city for the only conference tailor-made for nurses working in primary health care across Australia. Year after year, APNA's annual conference provides a preeminent platform to recognise and celebrate the *best* examples of primary health care nursing, further *building* on the expertise and collegiality of the formidable nurse workforce. From this spawned *Building on the Best* as the theme underpinning the relevant, high quality conference program.

Whether it is writing care plans, setting up a nurse clinic, gaining confidence with ear irrigation or engaging in challenging conversations – APNA has developed and hand-picked a practical and thought-provoking conference program for nurses Australia-wide.

Sessions will embrace the *Building on the Best* theme across the following streams:

- **Innovative Models:** showcasing innovative and replicable models of care

- **Health Across the Ages:** identifying proficient health care across a patient's life
- **Building the Workforce:** investigating workforce capacity building
- **Quality Improvement:** highlighting quality improvement in practice
- **Profile & Policy:** exploring how the nurses' role can be better understood and recognised, and delving into policy issues impacting primary health care nursing

With over 20 CPD hours on offer, APNA's national conference will deliver inspiring keynote addresses from nurses leading the way; interactive workshops that will engage the perennial student within; the latest research and clinical updates in key areas of practice, fun opportunities to connect with peers and experts, while picking up practical skills, resources and knowledge that you will take back to your workplace and immediately put into practice.

We can't wait!



DAY 1 THURSDAY 4 APRIL

Practical Workshops

| 9.00am | Room | Room | Room | Room | Room |
|--------------------------------|--|--|---|---|---|
| 10.15 – 10.45am Morning Tea | Wound Care <i>Jan Rice</i> | A 101 in Managing Chronic Disease <i>Casey Franchi</i> | Advanced Nursing <i>Dr Jenny Gowan</i> | PHN Workshop (all day & PHN staff only) | Nurse Clinics Part 1 <i>Linda Govan & Facilitator</i> |
| 12.00 – 1.00pm | Lunch | | | | |
| 1.00pm | Room | Room | Room | Room | Room |
| 2.15 – 2.45pm Afternoon Tea | Ear Irrigation <i>Dr Chris Helms</i> | Diabetes Management  | Heart Health  | Better Questions for Better Health Outcomes <i>Lindsay Tighe</i> | Nurse Clinics Part 2 - Mastering the nurse clinic building blocks <i>Linda Govan & Lesley Pugh</i> |
| 4.30pm | APNA Annual General Meeting | | | | |
| Social | | | | | |
| 5.15pm – 7.15pm | Meet & Greet – Welcome drinks for delegates Exhibition Hall, Adelaide Convention Centre | | | | |

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DAY 2 – FRIDAY 5 APRIL

Breakfast Sessions

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|-----------------|---|--|--|
| 7.00am – 8.15am | Breakfast 1 – The ABCs of going overseas: A process for pre-travel consults | Breakfast 2 – The Changing Face of Hepatitis C: How to find and treat the ordinary patient | Bonus Breakfast – Managing Chronic Wounds: Can nutrition play a role? |
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Plenary Session

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| 8.30am – 10.30am | Hall L Featuring: Welcome to Country Welcoming Addresses from <i>MC Jean Kittson</i> , APNA President <i>Karen Booth</i> and <i>The Hon Greg Hunt</i> , Minister for Health APNA Nurse Awards Presentation Ceremony Panel |
| 10.30am | Morning Tea |

Concurrent Sessions

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|---------|---|---|---|--|--|---|
| 11.00am | Innovative Models Room Build your nurse clinic: a rapid fire approach <i>Linda Govan</i> | Health Across the Ages Room Mental Health in Primary Health: Refresher <i>Dr Natisha Sands</i> | Building the Workforce Room Self-Care & Preventing Burn Out <i>Robbie Bedbrook</i> | Quality Improvement Room Vaccination doesn't stop at childhood; how can you help protect vulnerable older Australians against preventable diseases? <i>Angela Newbound & Dr John Litt</i> | Profile & Policy Room APNA Policy & Advocacy Action Plan | Bonus Room Principles of Vaccinology: understanding the impact of vaccines in Australia <i>Dr Julianne Bayliss</i> |
| 12.30pm | Lunch | | | | | |

Abstracts

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|--------|---|--|--|--|---|
| 1.30pm | Innovative Models Room Hopkins Correctional Centre is Hepatitis C Free: a micro-elimination success story <i>David Bohner</i> Nurse Led Pop Up Flu Clinics to Improve 2018 Influenza Coverage Rates <i>Wendy Reid</i> When Integration Becomes a Model of Shared Care <i>Lesley Batten</i> Expert Consensus on the Development and Implementation of a Nurse-led Model for Medication Abortion Provision in Regional & Rural Victoria <i>Caroline de Moel-Mandel</i> The Contemporary Veteran: caring for today's Digger <i>Jenny Strike</i> | Health Across the Ages Room Chronic Conditions: nurse driven cycle of care <i>Marienne Hibbert</i> Meaningful, Sustained & Measurable Change in Chronic Kidney Disease Detection & Management: the CKD Ambassador Program <i>Breonna Robson</i> Social Isolation, Loneliness & the Mental Health of Older Australians <i>Peta Marks</i> Successfully Moving Translational Research into Community & Residential Aged Care Clinical Practice <i>Tracy Ayles</i> Caring for People at the End of Life <i>Katharine Silk</i> | Building the Workforce Room Barriers & Enablers to Cancer Screening: a primary care perspective <i>Kathryn Duggan</i> The Barriers & Facilitators of Graduating Nurses Entering the Primary Health Care Workforce <i>Kyle Gibbs</i> Mentoring in Primary Care <i>Dianne Orr</i> Build Capacity – Increase Engagement – Best Outcomes: engaging primary health care nurses to deliver on the National Men's Health Strategy 2020-2030 <i>Vanessa Jones</i> Developing a New Specialty Area – Standards of Practice for Refugee Health Nurses in Australia <i>Bronwen Blake</i> | Quality Improvement Room Quality Improvement Program: Cervical Cancer Screening Collaborative <i>Angela Heathcote</i> Reducing Cardiovascular Risk: how do the numbers stack up? <i>Kerry Hollier</i> Building Quality Improvement Capacity in General Practice in the Gold Coast: an intensive practice support project focused on COPD <i>Beverley Korn & Beth Ward Smith</i> Iron Infusions in General Practice <i>Karen Bellchambers</i> Building Safe & Accessible Primary Care for Aboriginal & Torres Strait Islander People: Practice Nurses Led Medical Yarn Ups <i>John Stevens</i> | Profile & Policy Room Building Evidence of Nurse Impact: Lessons from the ImPress Study <i>Catherine Stephen</i> Attitudes, Experiences & Perspectives of Student Nurses Towards Primary Health Care <i>Zachary Byfield</i> Collaboration: Making a difference in your local community – A Nurse Practitioner's Story <i>Kerry Duggan</i> Building Evidence for Best Practice in Australian Primary Health Care Nursing <i>Liz Halcomb & Leah East</i> |
| 3.00pm | Afternoon Tea | | | | |

Plenary Session

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| 3.30 – 5.00pm | Hall L Featuring Keynotes from: <i>Dr Jenny Gowan</i> , Leading Pharmacist & Educator – Risk Management in Your Daily Practice <i>Professor Emerita Jill White</i> , Western Region Nurse Representative on the Nursing Now Campaign – Nursing Now Movement <i>Chris Helms</i> , Nurse Leader, 2018 Rosemary Bryant Award Winner – Taking Ownership of Your Scope of Practice |
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Social

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|----------------|--|
| 7.00 – 11.00pm | Major Social Event – Rockstar Party featuring Pub Choir Panorama Ballroom, Adelaide Convention Centre |
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DAY 3 – SATURDAY 6 APRIL

Breakfast Sessions

7.00am – 8.15am

Breakfast 3 – Meningococcal: the Australian Story
Gabrielle Paris & Dr Rod Pearce



Breakfast 4 – A Nurse-led Clinic Approach to Osteoporosis Management



Plenary Session

8.30am – 10.30am

Hall L

Featuring Keynotes from:

Assoc Prof John Litt, Academic GP & Public Health Physician – **Closing the Gap in Adult Vaccination**

Dr Louise Schaper, CEO, Health Informatics Society of Australia – **The Future of Health Care**

Dr Richard "Harry" Harris, Hero Anaesthetist/Diver & Joint 2019 Australian of the Year – **Thai Cave Rescue**

10.30am

Morning Tea



Abstracts

| 11.00am | Innovative Models Room | Health Across the Ages Room | Building the Workforce Room | Quality Improvement Room | Profile & Policy Room |
|---------|--|---|--|--|--|
| | <p>caring@home: Carers can manage subcutaneous medicines when supported professionally <i>Liz Reymond</i></p> <p>The Practical Use of the Patient Enablement & Satisfaction Model in Nurse-led Outpatient Cardiac Clinics <i>Jane Desborough</i></p> <p>The Royal Flying Doctor Service's Field Day Model in Remote Far North Queensland <i>Katherine Isbister</i></p> <p>Trusting Relationships: the benefit of team-based care & empowerment of nurses to quality improvement in a medical home model <i>Kylie Foley</i></p> <p>GASP: An integrated approach to managing patients in General Practices demonstrating positive outcomes for people with Asthma <i>Anthony Flynn</i></p> | <p>Increasing Empowerment for Diabetes Self-Management: outcomes from the FootSmart Program <i>Jennifer Sweeting</i></p> <p>Transition Care: paediatrics to adults <i>Bridget Farrell</i></p> <p>Sleep Health: the role of the primary health care nurse? <i>Catherine Buchan</i></p> <p>A Review of the National Gestational Diabetes Register – Optimising Postnatal Communications in the Primary Care Setting <i>Melinda Morrison</i></p> <p>Chronic Pain Patient Experience with Primary Care Nurses <i>Rebekah Richards</i></p> | <p>Using the Coordinated Veterans' Care Program to Provide Better Health Outcomes for Veterans with Chronic Conditions <i>Anna Polson</i></p> <p>Using Telehealth for Building Capacity <i>Rose Griffiths</i></p> <p>Improving Patient Centred Care Through Point of Care Testing <i>Louise Moore</i></p> <p>The Advance Project: new resources & revised training for General Practice Nurses to initiate Advance Care Planning and Palliative Care <i>Josephine Clayton & Kelly Arthurs</i></p> <p>How Primary Care Nurses Can Promote Brain Health <i>Kali Godbee</i></p> | <p>Cumulative Patient Complexity <i>Lesley Batten</i></p> <p>Using Authentic E-learning to Improve Australian Practice Nurses Knowledge of Chronic Kidney Disease Risk Factors & Screening Methods <i>Peter Sinclair</i></p> <p>Implementation of a Priority Response Assessment Service Within Health Navigation <i>Antonette Tanarte</i></p> <p>Influencing Health Behaviours Using Social Media Forums to Communicate with Parents <i>Dianne Zalitis</i></p> <p>Improving Patient Activation Through Diabetes Self-Management Education: Outcomes from the DESMOND Program in Regional Western Australia <i>Jennifer Sweeting</i></p> | <p>The Best for Everyone: an innovative approach to improving quality & equity in primary care for newly arrived refugees <i>Meryl Jones & Nancy Weatherford</i></p> <p>What impacts on nursing students' attitudes, perceptions & preparedness to work in primary health care? <i>Kaara Ray Calma</i></p> <p>Re-Invigorating a Primary Health Care Curriculum for Undergraduate Nurses <i>Sue McInnes</i></p> <p>Championing Change Innovation Practice <i>Sue Raether, Joanne Sanders & Danielle Siler</i></p> |

12.30pm

Lunch

Concurrent Sessions

| 1.30pm | Innovative Models Room | Health Across the Ages Room | Building the Workforce Room | Quality Improvement Room | Profile & Policy Room | Bonus Room |
|--------|--|---|---|--|--|--------------------------|
| | <p>Managing Diabetes: Informed decision-making on blood glucose monitoring </p> | <p>Guidelines Updates in Priority Areas: the Green Book, Heart, Asthma and Kidney Health <i>John Litt, Marg Gordon & Breonny Robson</i></p> | <p>National Breastfeeding Strategy & Women's Health <i>Heather Gale & Commonwealth Department of Health</i></p> | <p>The Jigsaw of Influenza Vaccination in Australia: fitting the pieces 20 years on </p> | <p>Courageous Conversations: Developing Negotiation Skills <i>Margaret Smith</i></p> | <p>Managing Dementia</p> |

3.00pm

Afternoon Tea

Plenary Session

3.30pm

Hall L

Featuring:

Keynote from *Sarah Brown*, Nurse Leader & Purple House CEO & Founder – **Pukulpa (Happiness): The Purple House Story & The Power of Hope**

Monologue from *MC Jean Kittson*

Closing Acknowledgments & Prize Draws

5.00pm

Conference Close