



**Australian Government**

**Department of Health**

**phn**

An Australian Government Initiative

## **Activity Work Plan 2019-2021: National Psychosocial Support measure**

This Activity Work Plan template has the following parts:

1. The National Psychosocial Support Activity Work Plan for the financial years 2019-20 and 2020-2021. Please complete the table of planned activities funded under the following:
  - Psychosocial Support Schedule, Item B.3 – National Psychosocial Support Measure
- 2) The Indicative Budget for the financial years 2019-20 and 2020-21. Please attach an excel spreadsheet using the template provided to submit indicative budgets for:
  - Psychosocial Support Schedule, Item B.3 – National Psychosocial Support Measure

***Brisbane South PHN***

***When submitting this Activity Work Plan to the Department of Health, the PHN must ensure that all internal clearances have been obtained and has been endorsed by the CEO.***

## Overview

This National Psychosocial Support Activity Work Plan covers the period from 1 July 2019 to 30 June 2021. To assist with PHN planning, each activity nominated in this work plan can be proposed for a period of up to 24 months. Regardless of the proposed duration for each activity, the Department of Health will require PHNs to submit updates to the Activity Work Plan on an annual basis.

### Important documents to guide planning

The following documents will assist in the preparation of your Activity Work Plan:

- Activity Work Plan guidance material;
- PHN Needs Assessment Guide;
- PHN Program Performance and Quality Framework;
- Primary Health Networks Grant Programme Guidelines;
- The Fifth National Mental Health and Suicide Prevention Plan; and
- Clause 3, Financial Provisions of the Standard Funding Agreement.

### Formatting requirements

- Submit plans in Microsoft Word format only.
- Submit budgets in Microsoft Excel format only.
- Do not change the orientation of any page in this document.
- Do not add any columns or rows to tables, or insert tables/charts within tables – use attachments if necessary.
- Delete all instructions prior to submission.

# 1. (a) Planned activities for 2019-20 to 2020-21

## – National Psychosocial Support Measure

PHNs must use the table below to outline the activities proposed to be undertaken within the period 2019-2021.

ACTIVITY TITLE	<b>National Psychosocial Support Measure</b>
Existing, Modified, or New Activity	<p>Existing Activity</p> <p>Psychosocial support for people experiencing psychosocial disability (p78).</p> <p>Possible option: Commission a range of mental health services to meet the needs of people experiencing psychosocial disability in the PHN region.</p>
Aim of Activity	<p><b>National Psychosocial Support Measure (NPS)</b> Based on the findings of the psychosocial support planning and needs assessment activities being undertaken in 2018 -2019 financial year, Brisbane South PHN will deliver services to support people living with a severe mental health conditions who require associated non-clinical psychosocial functional services and who are not more appropriately supported through the National Disability Insurance Scheme (NDIS) accordance with the NPS Guidance material.</p>
Description of Activity	<p><b>National Psychosocial Support Measure (NPS)</b> Brisbane South PHN will integrate services under the National Psychosocial Support Measure with other mental health and suicide prevention commissioned services, while maintaining separate reporting and accountability. Psychosocial support needs for people experiencing severe and complex mental health conditions will be included within this co-design process.</p> <p>Activities will include:</p> <ul style="list-style-type: none"> <li>• Non-clinical psychosocial support services designed to improve social skills, relationship maintenance, family connections, managing daily living needs, financial management and achieving educational and training goals.</li> <li>• Both individual and group base services will be offered.</li> </ul> <p>The services will be delivered across three sub-regions: Brisbane, Logan-Beaudesert and Redlands, in line with the Mental Health Priority Area 4: Mental Health Services for severe and complex mental illness.</p> <p>This place-based approach to care provision will ensure that priority populations gain access to evidenced based interventions aligned to their mental health needs.</p>

Target population cohort	The program will support people with severe mental illness who are not eligible for assistance through the NDIS, and who are not receiving psychosocial services through programs such as Partners In Recovery (PIR), Day to Day Living (D2DL) and Personal Helpers and Mentor Programs (PHaMs).																																			
Indigenous specific	Is this activity targeted to, or predominantly supporting, Aboriginal and Torres Strait Islander people? Yes																																			
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Activity milestone details/ Duration	Activity start date: 1/01/2019 Activity end date: 30/06/2021																																			
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input type="checkbox"/> Not yet known</p> <p><input checked="" type="checkbox"/> Continuing service provider / contract extension</p> <p><input type="checkbox"/> Direct engagement to ensure service continuity based on good performance to date.</p> <p><input checked="" type="checkbox"/> Open tender</p> <p><input type="checkbox"/> Expression of Interest (EOI)</p> <p><input type="checkbox"/> Other approach (please provide details)</p> <p>2a. Is this activity being co-designed? Yes</p> <p>2b. Is this activity this result of a previous co-design process? Yes</p>																																			

	<p>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</p> <p>No</p> <p>3b. Has this activity previously been co-commissioned or joint-commissioned?</p> <p>No</p>
Decommissioning	<p>1a. Does this activity include any decommissioning of services?</p> <p>No</p>

ACTIVITY TITLE	<b>National Psychosocial Support Measure Extended Transitional Funding</b>
Existing, Modified, or New Activity	<p>New Activity</p> <p>Psychosocial support for people experiencing psychosocial disability (p78).</p> <p>Possible option: Commission a range of mental health services to meet the needs of people experiencing psychosocial disability in the PHN region.</p>
Aim of Activity	<p><b>National Psychosocial Support Measure Extended Transitional Funding</b> will support participants in D2DL, PHaMs and PIR programs to maintain appropriate levels of support as they test eligibility for NDIS and either transition to the NDIS or, if ineligible, receive ongoing support supports in accordance with the NPS Guidance material.</p>
Description of Activity	<p><b>National Psychosocial Support Measure Extended Transitional Funding</b> This activity will continue to fund former D2DL, PHaMs and PIR providers for an additional twelve months. Organisations will provide psychosocial support and assist participants to assess their eligibility for the NDIS and transition to alternative supports once they have received a decision.</p> <p>Activities will include:</p> <ul style="list-style-type: none"> <li>• Employing dedicated NDIS Transition Support Officers to coordinate and facilitate the submission of high-quality access applications to the NDIS.</li> <li>• Assisting participants with gathering evidence required for establishing functional/permanent disability for their NDIS application. A focus will be on participants who have declined to apply or whose applications have stalled.</li> <li>• Supporting participants to re-test their eligibility with the NDIA if they are unhappy with their access decision or their circumstances have changed.</li> </ul>

	<ul style="list-style-type: none"> <li>Provide psychosocial supports to participants of Commonwealth community mental health programs that are ceasing on 30 June 2019 (PIR, D2DL and PHaMs).</li> </ul>																																			
Target population cohort	NPS extended transitional arrangement will support participants accessing D2DL, PHaMS and PIR as at June 30 2019. This will include those who are yet to test eligibility, transition to supports under the NDIS, have a decision pending or plan from the NDIS or waiting for their plan to begin.																																			
Indigenous specific	<p>Is this activity targeted to, or predominantly supporting, Aboriginal and Torres Strait Islander people?</p> <p>Yes</p>																																			
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Activity milestone details/ Duration	<p>Activity start date: 1/07/2019</p> <p>Activity end date: 30/06/2020</p>																																			
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input type="checkbox"/> Not yet known</p> <p><input checked="" type="checkbox"/> Continuing service provider / contract extension</p> <p><input checked="" type="checkbox"/> Direct engagement to ensure service continuity based on good performance to date.</p> <p><input type="checkbox"/> Open tender</p> <p><input type="checkbox"/> Expression of Interest (EOI)</p> <p><input type="checkbox"/> Other approach (please provide details)</p> <p>2a. Is this activity being co-designed?</p> <p>Yes</p>																																			

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Decommissioning	<p>1a. Does this activity include any decommissioning of services? No</p>

ACTIVITY TITLE	<b>Continuity of Support</b>
Existing, Modified, or New Activity	<p>New Activity</p> <p>Psychosocial support for people experiencing psychosocial disability (p78).</p> <p>Possible option: Commission a range of mental health services to meet the needs of people experiencing psychosocial disability in the PHN region.</p>
Aim of Activity	<p><b>Continuity of Support (CoS)</b> will support participants in the D2DL, PHaMs and PIR programs to maintain appropriate levels of support after they test eligibility for the NDIS and deemed ineligible. Participants will receive ongoing support in accordance with the NPS Guidance material.</p>
Description of Activity	<p>CoS will ensure participants who have previously accessed support under PIR, D2DL and PHaMs programs, and have been found ineligible for the NDIS, continue to receive appropriate psychosocial support using a recovery and strengths-based framework. The four key aims of COS will include:</p> <ul style="list-style-type: none"> <li>• Increasing personal capacity, confidence and self-reliance</li> <li>• Increasing social participation</li> <li>• Streamlining access to appropriate services</li> <li>• Providing flexible and responsive support at times of increased need.</li> <li>• Supporting participants to re-test their eligibility with the NDIA if they are unhappy with their access decision or their circumstances have changed.</li> <li>• Provide psychosocial supports to participants of Commonwealth community mental health programs that are ceasing on 30 June 2019 (PIR, D2DL and PHaMs).</li> </ul>

	<ul style="list-style-type: none"> <li>Both individual and group base services will be offered.</li> </ul> <p>The services will be delivered across three sub-regions: Brisbane, Logan-Beaudesert and Redlands, in line with the Mental Health Priority Area 4: Mental Health Services for severe and complex mental illness.</p> <p>This place-based approach to care provision will ensure that priority populations gain access to evidenced based interventions aligned to their mental health needs.</p>																																			
Target population cohort	<p>The program will support previous participants of the Commonwealth community mental health programs PIR, D2DL and PHaMs who are found ineligible for supports under the NDIS. To be eligible for services under the CoS program, persons must have:</p> <ul style="list-style-type: none"> <li>accessed supports under PIR, D2DL or PHaMs as at 30 June 2019</li> <li>have tested for eligibility under the NDIS and received an ineligible assessment decision or, have been deemed ineligible to apply due to under age or residence requirements;</li> <li>reside in the Brisbane South PHN;</li> <li>not be restricted in their ability to fully and actively participate in the community because of their residential settings (e.g. prison or a psychiatric facility); and</li> <li>not be receiving or entitled to receive similar community supports through state or territory government programs.</li> </ul>																																			
Indigenous specific	<p>Is this activity targeted to, or predominantly supporting, Aboriginal and Torres Strait Islander people?</p> <p>Yes</p>																																			
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Decommissioning	<p>1a. Does this activity include any decommissioning of services? No</p>

ACTIVITY TITLE	<b>Interface</b>
Existing, Modified, or New Activity	<p>New Activity</p> <p>Psychosocial support for people experiencing psychosocial disability (p78).</p> <p>Possible option: Commission a range of mental health services to meet the needs of people experiencing psychosocial disability in the PHN region.</p>
Aim of Activity	<p><b>Interface</b></p> <p>Brisbane South PHN will support service providers to enhance their capability to transition people who experience severe and complex mental illness to NDIS or appropriate support. Tailored to provider needs, activities will include building workforce capacity, collecting required data for reporting, and monitoring process and performance of programs.</p>
Description of Activity	<p>Brisbane South PHN is going to utilise the interface funding to commission and facilitate the below activities:</p> <ul style="list-style-type: none"> <li>• Support current service providers of PIR, D2DL and PHaMs to assist participants to transition to new arrangements for which they are eligible.</li> <li>• Support providers who are going to deliver National Psychosocial Support Measure Extended Transitional Funding to ensure performance is meeting funding objectives set by the Department.</li> <li>• Conduct targeted projects with service providers to assist hard-to-reach participants to test NDIS eligibility.</li> <li>• Provide information and advice to all stakeholders on the psychosocial supports and programs available.</li> <li>• Develop referral pathways for clinicians, community mental health providers and state government funded clinical mental health services to enable people to access PHN funded psychosocial supports.</li> <li>• Collect and manage participant data received from current PIR, D2DL and PHaMS, and National Psychosocial Support Measure Extended Transitional Funding programs to ensure a smooth transition for participants to new arrangements.</li> </ul>
Target population cohort	Current PIR, D2DL and PHaMS, and National Psychosocial Support Measure Extended Transitional Funding programs.
Indigenous specific	<p>Is this activity targeted to, or predominantly supporting, Aboriginal and Torres Strait Islander people?</p> <p>Yes</p>
Coverage	Brisbane South PHN region [PHN 302].

Consultation	Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.																																			
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Total Planned Expenditure	Enter the planned expenditure for this Activity in the following table. Include commissioned service expenditure only.																																			