

GP REFERRAL FORM

Brisbane South PHN Mental Health Referral Service

The Brisbane South PHN Mental Health Referral Service provides information and support to GPs to streamline the referral process into PHN-commissioned mental health services. The information provided in this form will be used to determine an appropriate service pathway. Following initial determination by the Referral Service, the referral will then be sent to the relevant service provider for further assessment of program eligibility.

For more information or support contact the Referral Service by phone on 07 3717 7070.

Date of referral:

Personal information

Full name:

Preferred name:

Date of birth:

Gender:

Male

Female

Other - please specify:

Phone number:

Email:

Street address:

Suburb:

Postcode:

Note: The person is ineligible to access Brisbane South PHN-commissioned services if residing outside of the region.

Does the person require an interpreter?

Yes - language:

No

Does the person identify with or is experiencing any of the following? Please indicate all that apply

Aboriginal and Torres Strait Islander peoples

Culturally and linguistically diverse

Lesbian, gay, bisexual, transgender, intersex, queer

At risk of suicide or self-harm

Living in a rural or remote community

Refugee background / asylum seeker

Child (0-11 years) with, or at risk of, developing a mental illness or behavioural/emotional disorder

At risk of, or experiencing, homelessness

Perinatal depression/anxiety

Domestic and family violence

Financial disadvantage or hardship

Referrer details

Referrer name:

Role:

Practice name:

Street address:

Suburb:

Postcode:

Phone number:

Email:

Fax:

Carer / support person details

Full name:

Relationship to person:

Phone number:

Email:

Clinical information

Reasons for presenting and/or principal diagnosis:

Results of assessment tools administered:

K10

Result:

K5

Result:

DASS21

Result:

SDQ

Result:

Other:

Result:

Treatment goals and strategies:

Has a GP Mental Health Treatment Plan been completed?

Yes - please attach a copy to this referral

No

Risk assessment (noting any identified risks, including harm to self or others, potential hospitalisation, psychosis, problematic substance use):

Additional comments (e.g. current care arrangements, previous service history):

PHN-commissioned mental health services are not a crisis response. If the person is at imminent risk of harming themselves or others, contact 000.

For urgent mental health advice, the person or yourself can contact 1300 MH CALL on 1300 642 255.

For advice on alcohol and other drug treatment referral, the person or yourself can contact 1800 177 833.

Relevant medical history (e.g. medications, comorbidities, hospitalisations, family history):

Service referral recommendations

Please indicate which PHN-commissioned service/s you wish to refer the person to. If unsure, tick *Not Known* and the Referral Service will determine an appropriate provider to refer to based on the information provided. The Provider will then contact the individual to complete an assessment and confirm eligibility into their program.

For service specific eligibility criteria visit [SpotOnHealth HealthPathways](#) or contact the Referral Service on 07 3717 7070.

Low intensity/ early intervention: mental health services for people with, or at risk of, a mental health condition. Includes groups, self-guided help, education, and peer support.

Mild-to-moderate: psychological therapies for people in under-served and/or hard to reach populations. Mental health clinician provides short-term psychological intervention for people unable to access services under the Medicare-funded Better Access Initiative.

Severe and complex: clinical care coordination for people with mental illness, provided by a mental health clinician.

Severe and complex (Non-clinical): psychosocial support for people, which includes services designed to improve social skills, manage daily living needs and support independence.

headspace: mental health services for young people aged 12-25 years with or at risk of, a mental health condition. Includes service hubs in Capalaba, Inala, Meadowbrook and Woolloongabba.

Capalaba

Inala

Meadowbrook

Woolloongabba

Social and Emotional Wellbeing for Aboriginal and Torres Strait Islander peoples and their families.

OR:

Not Known: Referral Hub to determine appropriate pathway based on information provided.

Client consent

You confirm that the person has been informed about and consented to:

information on this referral form being shared with Wesley Mission Queensland (operator of the Referral Service) and other PHN-commissioned services relating to the person's service options
the person's carer/support person identified on this referral form being contacted by the referred provider
de-identified information on this referral form being shared with the Brisbane South PHN and Department of Health for statistical purposes.

Submitting your referral

Referrals can be submitted to the Brisbane South PHN Mental Health Referral Service via:

- Secure messaging via Medical Objects:
Brisbane South PHN Mental Health Referral Hub WMQ (GW4106000JX)
- Fax to 07 3539 6444

Brisbane South PHN has commissioned Wesley Mission Queensland to operate the Brisbane South PHN Mental Health Referral Service. Any personal information is collected, used and disclosed by Wesley Mission Queensland in accordance with our Privacy Policy available at www.wmq.org.au/privacy-policy